UPPER WENSLEYDALE NOTES

July 2020



Covering Upper Wensleydale from Wensley to Garsdale Head plus Walden and Bishopdale, Swaledale from Keld to Gunnerside plus Cowgill in Upper Dentdale.

Guest Editorial

I like writing letters and it's a good thing that I do because since the lock-down began I have been writing more letters than usual, mainly to people in prison. I visit and correspond with them through a charity called New Bridge, which trains volunteers to become what they call 'befrienders'. Since March, nobody has been allowed to visit anyone in prison. These closed communities are very high-risk, so far as the spread of the corona virus is concerned. Some prisoners get no visits at all apart from seeing people like me, three or four times a year. So you can imagine how important letters are at the moment, to those who ordinarily live in 'lock-down' anyway. Now the hours they must spend in their cells have been further increased and their periods of exercise further reduced, because many of the prison staff who normally supervise their movements have fallen sick, and some died, from the virus.

One of my 'chaps', I'll call him Bill, is interested in wildlife. For a while he befriended a mouse which used to appear in his cell every morning, to pick up biscuit crumbs. He called the mouse Biscuit. Then he was moved to a different cell and they lost contact. After a while, he discovered that a spider was living in his new cell, in a corner of his window. It is still there, after several weeks, and Bill observes it, at work on its web, waiting patiently until a fly appears and gets caught in it. Then, bingo, a tasty meal!

The charity tries to match prisoners with befrienders who might share their interests. Not always easy. Bill knows a lot about engines (I don't) but thanks to him I now know exactly what to do if I have to clear the 'particulate filter' in the engine of our car which sometimes gets clogged up. He is also rather obsessed by stylish trainers and thanks to him I have acquired a couple of pairs of these rather flashy shoes, at the advanced age of 75 (though I never went in for spiked 6" heels).

Bill has a simple but strong religious faith and I told him about Dietrich Bonhoeffer, the distinguished Lutheran pastor and theologian, who was imprisoned by the Nazis in 1943, having been implicated in a plot to kill Hitler. In his 'Letters and Papers from Prison' Bonhoeffer writes about a 'friend' he acquired in his prison cell. This too was a spider. It became a companion to him and shared his cell for many

months. He marvelled at its cleverness, at how it managed to survive. That single living creature, with him in his solitude, became his staunch cell-mate. Bonhoeffer expected to be released at the end of the war but he was hanged in Flossenburg Concentration Camp, just days before it ended.

Bill had not heard of Bonhoeffer but he did know about 'Charlotte's Web', that beautiful children's book by E B White, about a clever spider that saves the life of a pet pig which is destined for the slaughter house. It is clear from his letters that, in his enforced (and now increased) solitude, wild life and nature in general matters to Bill. Before the lockdown he spent time in the open air, driving tractors, cutting the grass, and weeding the prison garden. He never failed to tell me about what he had seen, in the way of birds and animals. Another prisoner I write to always tells me about his dog at home, and how the first thing he plans to do, on release, is to take it for a long walk.

A few months ago (before the lockdown) some miserable person released a load of baby hedgehogs (hoglets) from an enclosure inside a prison, into the countryside. The prison had developed a hedgehog project. Its aim was to rear and protect hedgehogs which are a fast-diminishing species. There had been a long, long waiting list of prisoners who wanted to be involved in this. One spiteful kill-joy spoiled it all.

Where is all this going? It is simply to say that, while we have all been locked down, we have all become more and more aware of the natural world, and more sensitive to it. We look at birds more carefully, and we listen to them, we look at animals more carefully, both the domesticated ones and the wild ones, we think more carefully about the importance of insects, we mourn for the many beautiful trees around us that are dying of incurable diseases.

I am glad to be able to write to Bill about the solace he finds in the world of nature. Even though he is behind bars, the antics of his mouse, and now of his spider, give him some kind of purpose, and a reason to go on. When I last wrote to him I told him about an eccentric school friend of mine who had a pet spider called Boris. I think he is planning to call his Charlotte.

Ann Pilling

Prunings

There are no sweet peas yet but they are growing strongly, as are the runner beans. I shall need to have another tying in session on the sweet peas before the wind attacks them. I have five large pots of dwarf french beans all looking healthy after the rain: some I grew and some I bought. We shall have different varieties to try. I must remember to look for seeds for the purple podded ones next time as I didn't manage to find any this year.

I have a lovely winter flowering evergreen Clematis on the front wall. It is glossy and healthy and now has feathery seed heads, but it is enormous, and if we don't get up there and cut it back fairly often it threatens to pull the mains power cable off the wall. It was perhaps one of my less sensible purchases! As a consequence, I was very interested to read in Garden News about some of the dwarf Clematis coming on the market. I had not realised how many there are that will not reach much higher than a couple of feet. I might just try some out if I can find them.

There was one especially beautiful spring flowering evergreen variety "Ovation" called with anemone like blooms. I shall make an effort to find in the autumn.



We were certainly ready for rain at the end of May as the ground was parched, but now it hardly seems to know when to stop. I am not keen on "unsettled" forecasts, and we have surely had enough when I have to empty the trays under the tubs.

The Newsletter will be back in print again for the August issue.

DEADLINE FOR COPY FOR THIS ISSUE IS

TUESDAY JULY 21st

PUBLISHED ON JULY 31st

The hardy geraniums have come into their own with lots of pinks and blues and flowers of all shapes and sizes. I made a mistake last year - or even this Spring – in not cutting one of them back far enough and now it is gigantic. I gave the Phuopsis a serious haircut (my turn next!) but it is already spilling over the wall and down the steps. I have started some babies off in pots for a neighbour who wants some colourful ground cover. This is as good as anything, and grows with an equal amount of vigour as it's cousin "Goose Grass". I am particularly fond of it because it attracts the butterflies.

Last year I bought a standard Bay tree with twisted stems. Not only did it survive a Dales winter outside, but when I removed the suckers from the base I managed to get some roots with them and the little ones are growing away well. The tree itself is thriving and I shall decide later in the year whether or not to trim it back to a ball shape. I have also been delighted by the performance of the Cornus Kousa (flowering Dogwood). After surviving several years in a pot, I planted it on the new patio area. It has taken two years to settle, but at last it now looks a little more like the beautiful small tree that tempted me to spend a fortune at Newby Hall.

Good luck! And whatever you grow, take time to enjoy it.

Rose Rambler

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Hawes Community Fields

The last newsletter update on the Community Fields was way back in the pre-Corona world of October 2019, so there is quite a bit to say.

The nine new trustees of the Upper Wensleydale Sports Recreational and Association (UWSRA) charity, which owns the fields on behalf of the community, have been in place now for nearly a year. Before being appointed, we had formed a 'working committee' to investigate what could be done to smarten up the fields and improve the facilities We held a 'public engagement' exercise (questionnaires and public meetings) and we came up with a plan for the 'Johnny Walker Community Pavilion'.

In December, a year of work came to fruition when we submitted a planning application for the pavilion. But sadly, it was immediately knocked back. Having taken and paid for preapplication planning advice, we had sited the pavilion opposite the big sycamore in the middle of the fields. This is the place allocated for a 'sports and recreational facility' in the Local Plan. However, this location relies on formal access being created from Old Station Yard onto the fields (otherwise you would have buildings nowhere near an access point) and this turned out to be a big problem!

Since the 'middle field' of Hawes Community Fields was allocated for built facilities in the 1990s, a new Local Plan policy had come along protecting the trackbed of the old Wensleydale railway. This policy conflict led our planning officer to judge that our pavilion plan was 'undeliverable'. So, trustees had to go back to the drawing board. We started working up a revised planning application for a pavilion to be sited near the only existing formal access to the fields, which is on Brunt Acres Road.

Then the Coronavirus epidemic hit. This is likely to affect our fundraising prospects. So we decided last month to form a less ambitious plan. Instead of erecting a new building, we are now hoping to install toilets and a kitchen/match hatch', with a first floor store room, in the barn by Brunt Acres Road. The planned recreational room for events and youth activities, as well as the sports changing rooms and showers, which were part of the original pavilion design, will have to wait for another day. Designs for the barn improvements are to be drawn up. Also, after discussions with the

Highway Authority we are hoping to create a new pedestrian access onto the fields from Brunt Acres Road.

There is another quite big development to report. Over the winter, Hawes United Juniors FC - currently one of the main users of the Community Fields - contacted UWSRA to say that it needed a football pitch for teenage players. The 'big field' of the Community Fields is not big enough, or at least not the right shape, to hold a pitch of regulation size. UWSRA had the idea of enlarging the big field, and has agreed a deal to acquire/exchange land with the neighbouring farmer. Subject to and change-of-use fundraising planning permission, the big field will be enlarged so that it can hold a football pitch while an area near the 'wooded knoll' at the east end of the Community Fields will be exchanged as part of the deal.

Alongside this behind-the-scenes work, some actual improvements have been made to the fields. Our first priority on becoming trustees was to re-wall the nearly 300 metre northern boundary. The wall had fallen into disrepair and gave the Community Fields an unloved appearance. With the assistance of our neighbouring farmer, a grant has been obtained government's through the Countryside Stewardship scheme that will cover just over 60% of the total cost of the re-walling job. Having cast around for wallers, we have secured the services of Mr Caton and he has been doing a fine job. UWSRA also ran a walling competition at the end of October, which saw 34 metres being re-walled in one day, with Richard Cloughton crowned the winner of the amateur class. Hopefully by the end of next April at the latest, the whole job will have been completed.

Lastly, a total of £2,090 has been raised for the pavilion project since last July (although the project is now much changed). Trustees would like to thank everyone who supported the various community fundraising events. It is not clear whether a public UWSRA annual general meeting can be held this year. So, if you would like any more information on any of the above, please don't hesitate to get in touch. And do keep using the fields; 'Welcome to Hawes Community Fields' signs are in the offing.

Andrew Fagg, UWSRA Secretary, on behalf UWSRA trustees.

Hawes in Bloom

Thanks to a willing band of volunteers we have managed to get the planted tubs, boxes and hanging baskets up around town, as usual.

Thanks to the generous offer of spacious outdoor facilities at the rear of GTec Training Ltd, once again this year, and the usual kind help with construction of benches from John & Ted Dinsdale and others, we were able to 'spread out' more than usual and get the work done. For once we even had the bonus of (mostly!) good weather too.

The adjoining photos show some of the work in progress. I think many of you would be amazed at the sheer scale of the enterprise; approximately 4,000 plants arrive and are planted in nearly 120 bags of compost in the many different containers. The 195 baskets (some of which are shown being checked and chained before they go out) are then painstakingly taken and hung according to the business customer's orders taken in December and January.



Each plant type, variety and colour is decided upon back in those winter months and the entire order of many thousands of pounds is duly agreed and signed for. Without this commitment to full payment we would not have been able to have Hawes in Bloom this year in particular. All the plants had been sown and were growing well before the Covid-19 'shutdown'.

I am glad, that we were able, as usual, to offer for sale some plants and baskets to local residents. It worked particularly well taking orders 'on-line' for the spare baskets we had on offer and we may carry forward this idea next year.

The final word must be a HUGE thank you to my brilliant band of volunteers who came forward to help in so many ways in spite of the worry and difficulties of the Covid-19 pandemic.

I do hope everyone enjoys this year's show and approves of the colour scheme as it comes into full bloom! Thank you all for your support and encouragement. I wish you all a healthy, happy summer in spite of everything.

Your resident Plant Pest.

Richard Noble



Hawes in Bloom - A volunteer's view

One of the great benefits of the 2014 Tour de France has been the beautiful annual floral dressing of Hawes.

Turning up at the crack of dawn (well 8.00am this year) on a Friday morning it was, once again, astounding that a lorry load of flowers had to be unloaded, sorted and planted under the direction of the Plant Pest. So many plants but plenty of hands to help. Then two weeks later we have another lorry full of hanging baskets to unload.

All the volunteers are willing and happy to roll up their sleeves and get stuck in trusting that the end result will be worth it. Giving a few hours is the least we can do. It was a little more taxing this year due to social distancing but we managed.

It may seem to be a very easy operation, it is not. Behind the scene Richard spends a lot of time and effort to make sure we get a good display. And then there's the watering to be done early morning, all summer. Our grateful thanks are given to him, all we can do is make sure he has plenty of help.

We will have a blooming marvellous display to cheer everyone up and ready to welcome back our summer visitors.

Volunteer Pest

July Competition

All the answers are words of 4 letters or more, made from the letters found in 'Wensleydale'.

The initial letter of the answer is in brackets.

- 1. Picture holder (E)
- 2. Large marine algae (S)
- 3. To act or move slowly (D)
- 4. Mustela nivalis (W)
- 5. Deep, narrow wooded valley (D)
- 6. Dull, heavy or slow (L)
- 7. Narrow street or alleyway (W)
- 8. Freedom to act within particular limits (L)
- 9. Informal name for police flying squad (S)
- 10. Soporific drink made from Belladonna (D)
- 11. Ridge on textured fabric e.g. corduroy (W)
- 12. Close together, difficult to see through (D)
- 13. Valley or open space between woods (S)
- 14. Rich silk material used for ceremonial robes and banners (S)
- 15. To travel slowly or by an indirect route (W)
- 16. Genus of mosquitoes (A)
- 17. Open or forested country (W)
- 18. Spade for cutting turf or peat (S)
- 19. Thin, lightweight rod (W)
- 20. Ronald Bilius' surname (W)



Wensleydale Creamery

Gift Shop has reopened

Our award-winning Gift Shop has reopened in a new and safe format from 10am – 4pm*. We are fully stocked with brand new displays, offering our artisan range of cheeses, accompaniments, local produce, crafts, and gifts. *Times may vary

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Answers to June Competition

- 1. Midsummer night
- 2. Mid toil and tribulation
- 3. Humid
- 4. Midianites
- 5. Bromide
- 6. Midas
- 7. Thalidomide
- 8. (West) Midlands
- 9. Midlothian
- 10. Smidgen
- 11. Midges
- 12. Midriff
- 13. Midwife
- 14. Middleham
- 15. Middle East
- 16. Midden
- 17. Timid
- 18. Mid on

Edie Peacock Hairdressing, Hawes

As of the **4th of July** I will be back in the salon. My days and hours are a bit all over to start with but please feel free to give me a ring or message me on **07817 312906** and I'll do my best to sort you out. I hope you've all kept safe and I can't wait to get back to the salon to see you all. **Edie**

Hale & Horty

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Notes From Thorney Mire

Early Summer

The ash trees were so late coming into leaf this year which is a bit concerning considering their present situation. The ash tree by our barn didn't show any signs of green until the second week in June. The ash die back is really noticeable in the trees along our lane this Spring, a lot of the young saplings have already died and even the older trees are showing signs of stress. That very sharp, late frost we had in May not only destroyed a lot of blossom and buds in the garden, which we had been waiting hopefully to see to lift our mood during lockdown, but the leaves on the mature beech trees, on the fringes of our wood were devastated. The trees which should now be a mass of green look as though they are in their Autumn colours.

On a lighter note, there have been the usual variety of wild flowers along the verges with the fragrance of sweet cicely and meadow sweet filling the air and more orchids than usual on the verges. We found an orchid in our top field for the first time. We are wondering if this is because a few weeks ago the sheep strayed into the field and ate the grass so we didn't have to mow it. Now we are considering setting aside an area of land and letting it go wild to see what grows. We have set wild flower seeds but they've been reluctant to grow.

I heard the cuckoo at the beginning of May and then it went quiet until June when I heard it on several consecutive days, each time coming from a different direction. Why do we like to hear the cuckoo, is it because it means Spring is here? It also means some poor bird like a reed warbler or meadow pipit is losing its own eggs. Cuckoos have to lay eggs similar to the ones in the hosts' nests otherwise it will be rejected. Once accepted, after the cuckoo chick hatches it throws the hosts' eggs and young chicks out of the nest, leaving the parents to rear a chick six times larger than themselves. They have to spot the difference before brooding the eggs. It's no good a few weeks later thinking, "Er, there's something not right here."

We had two pairs of house martins nesting in the eaves at the front of the house and a pair of swallows at the back. There was a commotion in our courtyard one afternoon when we were just enjoying a quiet cup of tea. A greater spotted woodpecker must have been trying to predate the swallows' nest. It flew down from the nest with the parent birds in hot pursuit. The woodpecker clung on to the walls of the outbuilding whilst the swallows continued their attack, coming so close to the woodpecker they were hitting it on the head. Eventually the woodpecker gave up and flew to the top of the ash tree. A few moments later, a woodpecker, probably the partner of the first one, as it looked a bit perplexed, came and landed on the garden wall by the feeders. The swallows attacked again but the bird looked upwards to the aerial bombardment as if to say "What's going on here then, has the missus upset you?" I don't know if the woodpecker was stupid or brave but it withstood the attack until the swallows gave up and then if flew nonchalantly to the bird feeders.

A red squirrel came under attack whilst climbing the ash tree. As it climbed higher it came under threat by two thrushes, it retreated downwards, but a fly catcher was waiting for it. This little bird showed no fear and flew at the squirrel, which had no effect on the squirrel whatsoever. The fly catcher repeated the attack several times until the squirrel, in its own time, left the tree and went into the field, but the fly catcher stood guard on the roof of the barn for several minutes until the squirrel was safely away from the nest. I expect the fly catcher went back to its partner and said, "That showed it."

I was passing by the hawthorn tree and saw three baby nuthatch hopping between the branches. They were smaller than the adults and their plumage was paler. They were obviously not afraid of humans as I was so close to them. We've seen a deer in our field and we also have a hedgehog that seems to have adopted us. It's been seen on several occasions walking between the flower pots in the courtvard and making its way down the track to the barn. Although it's out in the day time which isn't a good sign for a hedgehog it seems to be quite sprightly and in good health. Maybe it's come out during the day because it's curious to know where all the humans have gone and are they also an endangered species.

Sylvia Turner

Heavens Above

The Solar System's two biggest planets, Jupiter and Saturn, dominate the southern sky this month. They're both quite low down so you'll need to find a fairly clear horizon to get a good view of them. At magnitude minus 2.7, Jupiter, the brighter of the pair, is unmistakable outshining everything else in the evening sky bar the Moon. Saturn just to the left of Jupiter is about 10 times fainter at magnitude +0.1 but still quite prominent. Both planets reach opposition (Sun, Earth and planet in a dead straight line) this month - Jupiter on the 14th followed by Saturn on the 20th - when they'll be at their closest for the year and visible all night long.

You can spot Jupiter's four biggest Moons – Io, Europa, Ganymede and Callisto - using a pair of binoculars. They appear as tiny beads of light on either side of Jupiter's noticeably squashed disc and change position from night to night as they speed along their orbits.

Just to the right of Jupiter you'll find the constellation of Sagittarius the Archer, straddling the Milky Way. It's the ninth and southernmost 'Sign of the Zodiac' and represents a Centaur – a wild and savage creature from Greek mythology that was half man, half horse. Nowadays people liken Sagittarius' outline to a much more mundane object – a teapot. The Milky Way is particularly rich in this part of the sky and looks like the steam billowing out of its spout.

Higher in the sky, well above Jupiter and Saturn, you'll find the famous Summer Triangle, a prominent asterism or star-pattern formed by Vega, Altair and Deneb, the brightest stars in the constellations of Lyra, Aquila, and Cygnus the Swan. Deneb which marks the Swan's tale is a real searchlight of a star, a blue-white supergiant about 200 times the size of the Sun, and between 50,000 and 200,000 times as luminous. Cygnus, or the Northern Cross as it's often called due to its large cruciform shape, is one of the finest of all the constellations. It lies right in the middle of the Summer Milky Way and contains masses of nebulae and open star clusters well worth exploring with binoculars or a wide-field telescope. From a dark country site on a clear, moonless night you'll be amazed at how many stars come into view. Have clear skies!

The Wensleydale School and Sixth Form

From day one, staff at Wensleydale School have come up with solutions to the problems thrown up by the Covid-19 pandemic.

From Google classrooms to helping Year 6 students transition by holding a virtual parents evening, Headteacher Julia Polley has come up with solutions to ensure students get the support they need while remaining safe.

She said: "Right from the start we implemented Google classrooms, and we've had about a 75 percent take-up on that throughout.

As students start coming back, we've done all the risk assessments and identified areas which needed amending. So, for example, all students can come in wearing non-school uniform, so they don't need to worry about washing uniform fast for the next day. The school day has been shortened to 10.00am to 2.00pm and students can't bring anything in with them apart from lunch in a disposable wrapping."

Julia also added they have measures in place such as social distancing everywhere, hand sanitiser stations and staff remaining within the same social bubble of students throughout.



She said: "I'm really proud the students have engaged and taken on the challenge in such a way. They've all been absolutely amazing."

And the school is making an effort to ensure new students due to start in September aren't at a disadvantage because of the pandemic. Julia added: "We have a welcome video for all Year 6s to help prepare them for their new school. It's really hard, as usually we'd be having induction days to help them feel settled. We've also had a virtual parents evening as well."

Julia explained one of the main messages she wanted to get across was that there is no movement on the rules and they are in place to keep everyone safe. She said: "We made it clear to parents as well as students that there is absolutely no wriggle room on the rules, and they are there for a purpose."

Julia Polley, Headteacher

Dales Countryside Museum

Teeswater Year - Farm, Fleece, Fashion

Although the pandemic forced the Museum to close to the public at the end of March, work has continued off-site. Staff have been working with photographer Melissa Peakman and textile artist Yvonne Le Mare on content for an online exhibition of Teeswater Year – Farm, Fleece, Fashion. You may now visit the exhibition at www.dalescountrysidemuseum.org.uk where you can browse the many stunning images

captured by Melissa whilst she visited farms, auction marts and shows. The exhibition also includes the costume and fibre art felted by Yvonne using



Teeswater fleece, together with additional examples of her amazing work. The photographs and many of the costumes and textile artworks are for sale via the Museum. Please get in touch if you are interested.

We are continuing with plans for our summer exhibition, View from the Fells by Hester Cox. Hester has a BA (hons) in Illustration and works from her studio in Horton-in-Ribblesdale. Her colourful and richly textured limited-edition collagraph prints reflect her appreciation of the natural landscape and are often inspired by things that she sees whilst out fellrunning. She is a member of Leeds Fine Artists, Printmakers Circle, Printmaking Online, Northern Print, Craven Arts and Ålgården Studios in Sweden.

View from the Fells is the culmination of a two year project inspired by the life and work of Marie Hartley MBE, the founder (with Joan Ingilby) of the Dales Countryside Museum. Marie Hartley, was an artist, writer and cultural historian. Upon her death, Marie bequeathed her wood engraving blocks to the Museum. They are beautiful little glimpses into the social, cultural and natural history of the Yorkshire Dales and are artefacts in their own right. Many of the blocks were exquisite images created to illustrate the books that she co-wrote with Ella Pontefract in the 1930s and 1940s: Swaledale, Wensleydale and Wharfedale.

Hester was invited to make prints from the 127 wood engraving blocks and spent a year researching Marie's life and work, visiting some of the places written about in the three books

and creating prints inspired by the Yorkshire Dales landscape. This solo show is a culmination of that work and showcases

collagraphs, monotypes and linocut prints. It is the first time that Hester has made such an extensive body of new work and



the exhibition was planned to coincide with talks and workshops which we hope to reschedule.

We will be featuring Hester's work in an online exhibition and look forward to hosting the exhibition once the Museum re-opens. Please watch out for updates on our website.



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Time Served

Best Foot Forward Walking in the Pandemic

A lot of things we enjoy doing have not been permitted during the Covid-19 lockdown but daily exercise has been actively encouraged by the government guidelines. For the majority of us that means either walking or cycling. How blessed we are to be living in such a wonderful environment where walking and cycling are an absolute pleasure. Pity the poor folk in city tower blocks who have very little space to exercise and are crowded by so many people.

On March 23rd Boris, our PM, instructed us all to stay at home as much as possible. Many of my walking friends took this literally and walked up and down stairs at home. There were stories on television of people climbing the equivalent of Everest on their staircase and several local people tackled Ben Nevis, the Eiger and the Matterhorn. Some raised great sums of money for charity, most notably Captain (now Colonel) Tom who raised the astonishing sum of over £33 million at the age of almost a hundred.

The staircase in my house climbs less than ten feet and would take three thousand ascents to climb Everest. This did not appeal and with the weather in late March and April being so fine, the temptation to get outside was too strong. The whole point of the lockdown was to avoid meeting people. It was fairly obvious that once out of the village it was possible to walk all day and meet absolutely no-one. There was some vague recommendation that exercise should be only for an hour or so but you could walk for a month on Shunner Fell and meet fewer people than you would in Hyde Park in a minute. So common sense said get out of the towns and villages and go where nobody else goes. This is fantastic if you enjoy going solo but not so good for those who enjoy talking more than walking.

At first all the walks I did, or my wife and I did, were from the home doorstep. We avoided places like Aysgarth Falls and popular valley routes, especially at times when most people seemed to be out and about. Meeting others is good if you are on a road or a broad track but keeping two metres apart is impossible on many narrow paths. Back in March it hadn't been realised that the risk of catching the virus outside just passing people was very low. With such bright early mornings we were often walking by 7.00am and up in the hills before

many people were out of bed. This sounds very self-righteous but it worked for us.

Sometime in May we were allowed to travel a bit more. This gave rise to swarms of people descending on honeypots like Malham, Aysgarth Falls and Hawes. We decided to drive to Ribblehead and walk in the Three Peaks area. This was a big mistake. Starting up Whernside before 7.00am it was nice and quiet with only three cars parked in the layby, but on return at half past two the whole of the extended layby, which must be nearly half a mile long, was solid with cars. Most people were trying to keep their distance but we were just glad to get out of there as quickly as possible.

The lockdown has eased a bit more since then and some of our walks have been a little further afield but carefully chosen to avoid crowds. One recent sortie was to Reeth. Again it was a fairly early start on a lovely day in early June. The walk down to the swing bridge and along the riverside to Grinton will be familiar to many. There had been some rain in previous days so the rivers were not quite as low as they had been in May. Looking over the bridge parapet below the pub it was possible to see the work done to restore the damage done by last July's floods. We continued to Fremington and up onto Fremington Edge with its splendid views of Reeth in the morning sunlight. The edge is the National Park boundary. The most popular routes are now either along the edge or continuing on the track to Hurst. We opted to

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The Mobile saw mill to cut your own trees into planks or beams, is operating once more.

Ring **01969 667320 or 07967 844636** for further details



try a new route eastwards to Owlands Farm. It's a good track but after the farm a bit of careful navigation is needed to pick up the right line to Ings House.

Dropping down through the fields we started to follow a shallow gulley. Very quickly this deepened quite dramatically with a small stream contained by a curved retaining wall. There was something slightly Harry Potteresque about the descent into this valley. The walls of the gulley became steeper and a small two-roomed ruin appeared where the gulley joined a larger stream, quaintly named Padley Beck. It sounds like Pooh Bear territory. The building was part of the old Prys Lead Mine and there was evidence of old workings and a fine arch bridge over the beck. We were now walking along Shaw Beck towards Helwith. It is a lovely walk, full of interest, in a fairly secluded location. Sometimes it was difficult to distinguish between mining spoil and the debris brought down the beck by last July's floods.

One of the old spoil heaps provided a good windbreak for lunch, during which we were entertained by a slightly hysterical male cuckoo flying hither and thither and cuckooing madly. At times it was harassed by a couple of meadow pipits but we couldn't work out exactly what was going on. Soon afterwards we reached Helwith. This remote farm always looks to me like a throwback to the eighteenth century with a cobbled yard and hens, ducks, sheep and goats wandering around like something from a children's story book; not the usual collection of tractors and machinery.

Our route now took us up Holgate Beck to the farm of Holgate. This looks as though it has been unoccupied for quite some time because it is falling apart. There must be a sad story here: maybe it is so remote that it just got too difficult to carry on farming. Being on the wrong side of a deep valley with a stream to ford probably didn't help. By contrast on the opposite side Schoolmaster Pasture (must look that name up sometime) is a four-star, five-bedroomed holiday cottage. Previously a farm, it has had a substantial makeover.

The track we were on became a tarmac road, which we followed for a mile to Washfold, where we met Padley Beck again. It is little more than a hamlet now but there would have been lead miners living here in the eighteenth and nineteenth centuries. As we moved towards Hurst the evidence of mining became very

apparent. There were many shafts and levels excavated here and several dressing floors, so there may well have been hundreds of miners. Two chimneys have survived above Cat Shaft and Brown's Shaft, where steam engines had been installed. (They were used as target practice during WWII but have since been restored.) The ore was smelted at Marrick. Walking on back towards Fremington Edge there is a great deal of spoil from the hushes and excavations. Being over a hundred years old it is now preserved as heritage. Some might argue that it is a desecrated landscape and should be restored but that will never happen.

Back on the edge it was an easy walk down to finish in Reeth. We had expected crowds of people there but it was fairly quiet. Apart from one or two dog walkers around Grinton we had only met one party of four walkers at Helwith. Our walk had been a perfect example of social distancing all day. Nevertheless, we do look forward to being able to walk with all our friends again. It will happen...we just have to be patient.

N.P.

Castle Bolton Church for Mission Partner Funds 2004-2020

We have had amazing enthusiasm and generosity this year and I have had to work hard to keep the plant stall populated and watered. Some of our total is from donations of about £400, but this year we totalled just under £1400! This brings our total for mission partners 2004-2020 from plants to £10,000: similarly from refreshments 2004 - 2009 to another £500!

Thank you so much for all who have helped: we couldn't have done this unaided.



Margie and Robert Hall

There Was None of This Lazy Dancing

The local musicians who led Dales folk dancing right through the night in the early 1900s are celebrated in a book full of fascinating detail and music published as part of the Yorkshire Dales Folk Dance and Tunes Project at the Dales Countryside Museum (DCM) in Hawes.

The author, Bob Ellis of Gayle, has entitled it 'There was None of this Lazy Dancing', quoting a concertina player, Sam Fawcett of Baldersdale (1878-1960). Fawcett said: "When we get a drop of beer... and got into full blast,

there was none of this lazy dancing!" And a popular accordion player, Cockerill Harry (1914 - 1994) who farmed in upper Langstrothdale told of how he would milk the cows on the way home from an all-night dance.

Bob doesn't just give detailed biographies of musicians such as



Cockerill, Brian and Jackie Beresford and their family, and Dick and John Wallbank, but also transpositions of their music some of which was almost certainly unique to the Dales. He can assert this because of the meticulous research he has carried out since 2011. "Although the project was my idea, it was prompted by comments and suggestions made by Fiona Rosher (the DCM manager). I was already playing a lot of British and European folk dance music and wanted to add a local element to my repertoire. I discovered there were only two people in the Dales (both quite elderly) who were still playing that type of music and that it was in danger of dying out," he said. Those men were Tim Boothman from Threshfield whose late wife, Rosie, was the daughter of Jackie Beresford, and Sam Fawcett's son, Septimus.

The result is the most complete record to date of Dales musicians and their music in a very easy to read and enjoyable format. Ellis has drawn together all previously published material and, through his own research, been able to add that which has never before been published. As more is coming to light he plans to post it on his website (www.dalestunes.org.uk). The book is in A4 format which has allowed him to print a tune per page along with what is known about its history. One of Peter Beresford's tunes can be traced back to an itinerant bagpiper in Vienna in the 17th century. Ellis points out that most of the Dales musicians couldn't read music. They learnt tunes by ear and then adapted them to the needs of the barn dancers.

The music begins with that of William Calvert (1780 -1847) thanks to Lynn Wood of Haworth acquiring his tunebook at an auction in Leyburn in 2002. Calvert's family probably paid for his gravestone at Spennithorne churchyard but for the Dales Minstrel, William Bolton, friends raised the funds for his gravestone at Burnsall churchyard when he died in 1881.

Many of these Dales' musicians came from very straightened circumstances but they provided something very important for Dales comments: "Dances folk. Bob provided opportunities for people in the scattered neighbouring villages to meet up, exchange news, socialise and enjoy themselves. No wonder village dances were popular - few other events in the lives of Dales folk provided a relief from the drudgeries of daily life, an opportunity to enjoy yourself and socialise and, for the younger people, a chance to meet members of the opposite sex with a view to finding a partner for life."

Bob is sure there was a Dales' style of dance music. When quoting Sam Fawcett that there was "none of this lazy dancing", Bob writes: "To cater for this energetic dancing, the musicians adopted a vigorous, unadorned style of playing that focused more on rhythm than melody."

He has included a detailed section on Morris and Sword dancing in the Dales. He states: "Whilst not entirely unique to Yorkshire because isolated examples have been recorded in the Shetland Islands and on the Isle of Man, all the other known longsword dances in Britain originated in villages in Yorkshire (87 in all) or in neighbouring counties. The teams in the Dales that survived longest were at Kirkby Malzeard, Bellerby and Hunton. "An unlikely organisation that helped some of the longsword dances to survive the lean period during the first half of the 20th century, when many teams stopped dancing, was the Women's Institute,

which encouraged the creation of women's teams in some local villages. In 1929, for instance, Middleham W.I. ...came third in a longsword competition held at Castle Howard."

Bob has been playing the melodeon since 1994, has organised Melodeons in Wensleydale weekends at the DCM as well as two traditional dance evenings for the Friends of the DCM. His book can be laid flat so that musicians can easily read and play the



tunes. And those who buy the book (£20 plus £4 postage) will be able to download and play the audio files. For more information see www.dalestunes.org.uk.

Yorkshire Young Achievers Foundation Supports local Charity

Yorkshire Dales Millennium Trust (YDMT) has received a grant from the Yorkshire Young Achievers Foundation towards its work in supporting young people to access nature for health and wellbeing benefits.

The donation will enable the charity to engage with young people from all backgrounds and connect them with the outdoors to feel happier and healthier. YDMT has worked with over 4,000 young people through their Green Futures programme, inspiring and empowering young people to become more aware of the environment and leaders of the future.

Green Futures is part of Our Bright Future, a £33 million programme funded by the National Lottery Community Fund and led by The Wildlife Trusts that aims to tackle three big challenges facing society today - a lack of social cohesion, a lack of opportunities for young people and vulnerability to climate change.

The Yorkshire Young Achievers Foundation has raised hundreds of thousands of pounds through their annual Awards, helping to provide projects supporting young people, across Yorkshire. "We are delighted to support YDMT's work in inspiring the next generation to care for our natural world. The Foundation supports such a wide variety of causes each year, and this project is well-aligned with our aims." said Chairman Peter McCormick OBE.

Upper Dales Community Partnership

In common with the rest of the country we are meeting the challenge of a measured move away from the original lockdown. It would be easier if it were simply a return to life before Covid-19 but we know that the country is a long way from that so, like many other businesses, we are trying to fit our services into the latest guidelines. If some of our customers find the way we have to work somewhat frustrating we hope they will accept that we have to follow the guidance and it is there for the sake of all our customers and our staff.

After a long lull some of our school buses are back on the road and we are expecting something like a full service after the summer holidays. We have been glad to welcome back to some services volunteer drivers who had not been able to work for around three months. There continues to be a maximum of six passengers at once on our service buses.

Customers will be able to use the library again from Monday, July 6th as part of the changes recently announced involving pubs, restaurants, places of worship and so on. Sadly it won't yet be safe for customers to browse the shelves in time-honoured fashion. There will be a "select and collect" reservation system online. It will also be possible to order by phone if you know what you want. If a customer doesn't have a particular book in mind but knows the type of book they want to read, our staff will put together a selection of books that fit that category so the customer can make a choice from a limited number of books. When a book has been borrowed and returned there will be a gap before it can be borrowed again to make sure that infection is not passed on.

There are more visitors about as we have all noticed and it has made sense to open the filling station in the middle of the day at the weekend rather than relying just on use of the card machine.

We have had lots of financial help during the crisis particularly from central government, the County Council and the District Council. Even so our present estimate is that we will have a deficit in 2020-21 but not one that threatens our continued service to the Upper Dales.

Joe Pilling (Chairman)

Mystery Picture

Last month's Mystery Picture was taken on Sedbusk Lane en route to Simonstone.

Where can you find this structure (what remains of it)?



Wensleydale Agricultural Show Saturday, August 29th

Unfortunately, we have had to cancel the 2020 show in its usual format due to Covid-19 restrictions – the safety of our helpers, exhibitors and visitors must come first.

However, we are delighted to be working hard as a committee on an online show which will include all sections seen at our regular show, with 60 classes and many exciting things planned. We are delighted that the Co-op are our headline sponsors.

For more details, including deadlines, visit www.wensleydaleshowonline.co.uk.

The schedule for the online show can be found at schedule 2020 colour.

Closing date for entries and submissions is **Monday, August 10th**.



National Park Grant Fund Reopens

People with sustainable development projects in the Yorkshire Dales National Park are being invited to apply for a total of £160,000 in grants.

The <u>Sustainable Development Fund</u> (SDF), which closed temporarily because of the Coronavirus epidemic, will support projects which help to fulfil the two statutory purposes of the National Park Authority.

In the twelve months to the end of April 2020, a total of £175,000 was allocated by the SDF to 36 worthy projects. In the latter part of the year, grants were given, for example, to a vegetable-box business in Crosby Ravensworth in Eden for new equipment; to a cycling business in Hawes in Richmondshire for waterproof information leaflets; to Ingleborough Show Cave in Craven for wheelchair accessible picnic tables; and to a community group in Sedbergh in South Lakeland for a replacement shed at an allotment site.

The SDF pot of £160,000 for the year 2020/21 must be allocated by the end of next March.

Member Champion for Sustainable Development at the Yorkshire Dales National Park Authority, Chris Clark, said: "The SDF is there to give a boost to local projects that will make the Yorkshire Dales National Park a better place to live, work or visit. Across the National Park it's a delight to see the difference support from the SDF is making. In the sunny spring, for instance, people going through Garsdale will have seen builders re-roofing Garsdale Village Hall, a project which has received a grant of just over £5,000 from the SDF."

"The SDF could help local businesses to develop new ways of working, using the Park's environment to promote green growth, or it could help local communities rebuild better after the Coronavirus 'lockdown'.

The fund will support projects which conserve and enhance the natural beauty, wildlife or cultural heritage of the National Park or those which promote opportunities for the understanding and enjoyment of the area. If you have a project that needs a bit of support, please do not hesitate to get in touch."

For more information, contact the Sustainable Development Officer on 01969 652337 or sdf@yorkshiredales.org.uk.

Dales Police Report

During these strange times of slowly adjusting ourselves to the new normal, and as lockdown restrictions ease, the following incidents of note have happened in the Dales area over the last month.

Sometime during May/June, 7 ewes and 14 lambs are believed to have been stolen from Low Straits Lane, above Askrigg. Please report any suspicious activity, including vehicle registration numbers, around sheep.

The mini heat wave that we experienced towards the end of May brought with it some particular anti-social behaviour problems in the Dales. Popular visitor spots such as Aysgarth Falls, Reeth and Keld saw a large influx of visitors, often to the point of making reasonable social distancing impossible. The police were called to a number of incidents including drunken behaviour, inconsiderate parking, littering and the lighting of barbeques on already parched verges. Working together with our National Park Ranger colleagues we carried out high profile patrols and engaged with people in an attempt to encourage common sense to prevail.

Overnight on June 3rd batteries were stolen from temporary traffic lights situated on the Reeth to Richmond road.

On June 6th a member of the public found a dead little owl with apparent injuries near Thornton Rust. We arranged an examination by a vet, who found nothing suspicious, other than it had most likely been predated on by another animal. We would encourage people to contact the police if you have any suspicions about the fate of wildlife in the Dales. We take any such incidents seriously and welcome the opportunity to investigate them thoroughly. Likewise, if you come across a vermin trap that you suspect is unlawful, please don't interfere with it. If possible, take a photo, record the location (perhaps using what3words) and report it on 101. We can then check it out and report back to you.

About 2.00pm on June 7th three male shoplifters were spotted by staff attempting to steal a trolley full of items from Leyburn Coop. They ran from the store and drove off empty handed in a blue Vauxhall Vectra car. Enquiries are ongoing to identify the offenders.

We have been taking reports of nuisance

behaviour by youths at the Dales Countryside Museum car park at Hawes, with issues including inconsiderate driving and excessive noise. If it is you, please have some consideration for local residents. If you know who it is, please impress on them that we will only warn so many times before more firm police action is taken against the offenders.

Overnight on June 15th, a ten feet by five feet Erdo car trailer was stolen from a property at Nappa Scar near Askrigg.

Finally, for the latest updates on the coronavirus situation please check out www.gov.uk/coronavirus. We continue to work hard to engage with people, explain best practice and encourage compliance. Stay alert and keep washing those hands.

PC 558 Julian Sutcliffe Dales Neighbourhood Police Team

Dales Discovery 2020

A series of audio-visual Shows and Talks for visitors and residents

St Margaret's Church, Hawes Wednesdays at 8.00 pm (Subject to Covid-19 restrictions)

August 5 Making A Village Book Betsy Everett.

August 12 Walls, Barns & Bridges In Upper Wensleydale. Stuart Armstrong.

August 19 Cycling In The Yorkshire Dales Kevin Pellatt.

August 26 Red Squirrels in the Yorkshire Dales National Park Ian Court.

September 2 The Dales & Vales Brian Davis.

Each evening includes a selection of slides / audio-visual presentations and the sessions last for about an hour.

Admission: adults £4.00; children £1.00 For further details contact: Ian Woolley, 'Kearton', Ings Drive, Hawes, 01969 666849



Askrigg and District Produce Show

The Askrigg and District Produce Association began in 1941 and, as far as we are aware, there has been a produce show every year since then so this would be our 79th year. You won't be surprised to hear that we are not able to run a show in Askrigg Village Hall this year but will be holding a virtual show instead. I like to think that we are not cancelling the show this year — just doing things differently! Our strap line for this year's show is 'The show must go online' which I think sums up our approach nicely. The show will be entirely on-line and anyone wanting to take part will need to send in photographs of their entries.

The show is run by a small committee of experienced and talented people who have made the show such a successful event for several years now. The secretary is Karen Jones, Treasurer, Alan MacDonald and we also have Jill Wooley, Paula Hague, Rhian Liddell, Liz Connelly, Martin Garside, Mary MacDonald and Malcolm Carruthers. Of course there are usually a large band of helpers around show day that appear and work incredibly hard to make the show happen – I really hope they won't forget what to do by the time we return to the village hall next year.

We have had to alter the schedule a fair bit this year to allow for the fact that entries will be made by photograph – so no tipples or preserves and a very much reduced bakery section. We have included a few classes that reflect the current situation – for example, in the Floral Art category there is a class entitled 'Rainbows' and in the Handcraft section there is a class for a 'Lockdown Limerick'.

There is a dedicated show website where we will host the show, which is accessible through the normal Produce Show website at askriggproduceshow.weebly.com, where exhibitors and visitors can find out all the details about the show, explore the schedule and look at the entries as they arrive.

Of course, it will be quite different from previous years in that exhibitors will be able to photograph their exhibits from the best angle and in the best position to show off the labours of their work to the best effect. They will also be able to look at the competition to see what the standard of entries is like. Hopefully that won't put anyone off – we really want as many

people to enter as possible to make this a real success despite the dreadful effects of the pandemic.

We are accepting photos of exhibits via email at askriggshow2020@btinternet.com (there is a link from the show website) or via Facebook or Instagram – just search for Askrigg Produce Show. The committee will load any entries onto the show website as they arrive. One interesting aspect this year is that we may get entries from far and wide – I already have a very keen follower on Instagram from Finland! We've asked any non-locals to say where they come from – perhaps we'll attract some future international visitors to the show when we return to 'normality'.

Entries are free and will be accepted right up until Midnight on Friday, August 28th and judging will take place remotely by our expert team of judges. Winners will be announced on the website and also through social media at around midday on 'show day' which is Sunday, August 30th. We aren't awarding cups and trophies this year but we will be awarding vouchers to be spent locally to the winning children in each age group.

We are really excited to be continuing with the show this year albeit in a rather unusual way and we look forward to returning to the village hall next year for our 80th show.

> Mike Dechezeaux Chairman – Askrigg and District Produce Association

Leyburn Arts & Community Centre

National Theatre at Home

The National Theatre at Home programme is designed to entertain people in their homes while they have not been able to visit their local cinema or theatre. This is the final set of titles to be shared for free on YouTube.

July 2nd - Les Blancs (Archive Recording)

July 9th - The Deep Blue Sea

July 16th - Amadeus

Content for the final set of shows can be found at https://nationaltheatrelive.egnyte.com/fl/DvV80vbuox. Audiences have grown by 65,000 subscribers on our social channels, 600,000 on YouTube and 14,000 in UK email subscriptions.

Yorebridge Sports and Leisure

The Wensleydale Centre, Askrigg, DL8 3BJ.

We are currently working on our gym operating procedures for re-opening our indoor gym and classes whenever government regulations allow. However, good news!...

As we are allowed to have outdoor classes here is our planned programme starting from week beginning July 6th:

Fit for life - Mondays 9.30am to 10.30am. Low impact circuit based class to build strength for everyday activities to help you be physically active on a daily basis.

Bootcamp - Tuesdays and Thursdays 6.00am to 7.00am.

High intensity working all areas of the body to build strength and stability to support your active lifestyle.

Walking Circuit - Wednesdays 9.30am to

A circuit style class using low impact body weight exercises to build and maintain core and leg strength for all your daily activities.

Circuit training - Wednesdays 7.30pm to 8.30pm.

A high intensity class to build fitness and to counteract the stress of daily life and sedentary work environments.

All classes will take place on our outdoor Multi Use Games Area. Depending on uptake more classes will be rolled out.

All classes need to be booked in advance. The cost of each session is £6 but there is a discount if booking six sessions in advance for £30.

Please visit our website for more details or email us with any queries or to book places. We look forward to seeing our regular gym members as well as newcomers to our facilities.

Contact us at admin@yorebridge-sport.co.uk; website www.yorebridgesportandleisure.co.uk; facebook Yorebridge Leisure; or twitter @yc leisure.



More Records Needed of Swifts in the National Park



A second appeal has been made for records of swift nest sites or screaming parties in the Yorkshire Dales National Park – now that the peak time for this 'thrilling bird' has arrived.

On the eve of UK Swift Awareness Week (which started on June 27th), the National Park Authority said the response invitation made last month for swift sightings had been good – but that more records would be very welcome.

Since May, records have been made in places such as Castle Bolton, Grassington, Kilnsey, Orton, and Sedbergh and submitted to either the National Park Authority or its project partner, the Sedbergh Swift Community Group. A video of swifts has been captured in the town of Hawes, as well as an audio recording of their distinctive 'screaming' calls. Both have been published on the Swift Conservation Project webpage. This page is where the recording forms can be found.

Wildlife Conservation Officer Yorkshire Dales National Park Authority, Ian Court, said: "We are really pleased with the response so far to our appeal for records on swifts; it is great that people are looking out for these fantastic birds. The records of screaming parties have been really useful. We hope that these can be followed up by a growing number of local swift enthusiasts who might go that step further and submit records of nesting sites. This sort of information would help us and partner organisations conserve swifts. Swift Awareness Week is the ideal time to take part in the survey and help us find out about the nesting locations in the National Park."

Tanya Hoare, a member of the Sedbergh Swift Community Group, said: "Now is the peak time for watching out for swifts, as the adults are feeding chicks and darting more frequently into their nests. If you've seen screaming parties, spend some time in that area to see if you can locate the nest sites. It is so heartening to hear from the many people who have looked up and noticed swifts, so please make the most of the next few weeks to report your sightings. If we are to give these thrilling birds a future, this is the very best way to help us look after them."



Upper Wensleydale Benefice

The re-opening of places of worship

In response to the latest guidance from the government, Churches in Upper Wensleydale will be opening their doors once more, but this will initially be in a limited way for Private Prayer only. Thanks to a great team of volunteers we have been able to put in place the following arrangements for each of our four churches:-

St Oswald's Askrigg will be open from Monday, June 29th at the following times -Monday, Wednesday, Friday and Saturday from 10.00am - Noon,

Tuesday and Thursdays from 2.00pm to 4.00pm.



St Margaret's, Hawes will be open 2.00pm to 4.00pm Sundays starting on July 5th. There will be a volunteer available in St Oswald's and St Margaret's to ensure your safety during your visit.



St Matthew's, Stalling Busk is open 7 days a week from June 26th. This church will be unattended so please read the special safety notices carefully before entering the building.



St Mary & St John's Church, Hardraw will be

open from Sunday, July 5th on a request basis only. Should you wish to enter the building a telephone number can be found on the information poster at the entrance to the church.



Please follow carefully the COVID-19 safety guidelines in each church building.

There is much to be thankful for and much to continue to hold in prayer, not least the safety of our visitors and residents during the summer months. May you know God's presence and peace as you do so.

Public services of worship will be phased in once we have received the appropriate information and been able to make the necessary arrangements to do so safely. In the meantime we are continuing with our Sunday services online www.upperwensleydalechurch.co.uk.

If you wish to receive our weekly Church in the Home publication please email us at: office@upperwenben.org.

> Rev Dave Clark and **Upper Wensleydale PCC Teams**

Advertising

Boxed adverts: £6, £12, £18

There is a big reduction for six issues or more, so for six issues the totals are:

£25, £50 or £75 Greetings etc. £2 What's ons (non-commercial) are free

Contacts for adverts:

For Hawes area and westward: Barry Cruickshanks, Lilac House, Hawes 01969 667458

For elsewhere: Sue Duffield, Fellside. Thornton Rust: 01969 663504

Whilst we try to ensure that all information is correct we cannot be held legally responsible for omissions or inaccuracies in articles, adverts or listings, or for any inconvenience caused. Views expressed in articles are the sole responsibility of the person by-lined. Articles by committee members carry just their initials. We appreciate being asked before any part of the Newsletter is reproduced.

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Email for submission of articles, what's ons, letters etc.:uwnlinput@gmail.com

Newsletters on line, simply search on "Upper Wensleydale Newsletter" Archive hard copies back to 1995 are in the Dales Countryside Museum resources room.

> Editors: Barry Cruickshanks, Kevin Davis, Alastair Macintosh.

Committee: Malcolm Carruthers. Karen Jones. Neil Piper, Karen Prudden, Janet W. Thomson (Treasurer), Peter C. Wood (Archives).

Postal distribution: Derek Stephens

Founded in 1995 by the late Alan S. Watkinson



A Good Life Project – Covid 19 Support Group

Since the lockdown due to Coronavirus, volunteers within our communities have been busy helping residents who have

been advised to shield or self-isolate. We hope that residents in Wensleydale have felt supported during the outbreak of Coronavirus and have received help when they have needed it.

The advice from Government has changed over the weeks and as such there are some who now feel they are happy to begin to resume shopping etc but there are others within our communities who continue to be shielded and others who maybe do not feel that they are ready to begin to go out into the wider community just yet.

As the restrictions begin to be lifted we would like to reassure you that the CSO will continue to support our communities and ensure that services continue.

*Collection and delivery of shopping using local volunteering resources. Shopping will be delivered in line with the safety guidelines and left on the doorstep or in a safe place, in order to avoid close physical contact;

*Collection and delivery of prescriptions using local volunteers. Prescriptions will be collected by a nominated person or organisation with the agreement of the GP or pharmacist;

*Caring for pets, for example walking a dog.

*Regular social contact via telephone, FaceTime, Skype or other methods that avoid physical contact with an individual in selfisolation.

*Delivery of books and magazines or materials to support hobbies, such as wool or knitting or art materials.

Thanks to all those who have contributed by sewing scrub bags, masks and scrubs for the NHS, an amazing team effort throughout the Dales and thanks to everyone who contributed the necessary materials, cottons, elastic etc.

Thanks also to the amazing team of volunteers who are always willing to help out, we have been so well supported that some volunteers have not been contacted to help yet but we hope that you will continue to be part of the volunteering team!

If you are a knitter, or sew or someone who crochets we are hoping to create an Upper Dales quilt which we hope to display at a later date. You will need to create a 12 inch by 12 inch square, which can be dropped off at The Community Office or The Corner House, West Burton. Please take a photo of you with your creation and send it to julie@udcp.co.uk so we can also create a digital record of everyone who took part. We are very grateful to Joanne Jones who is coordinating the quilt project and who will complete the quilt when she has received all contributions.

Contact details are: The Upper Wensleydale Community Office / CSO 01969 667400.

Julie Greenslade – A Good Life Project **07817 711227.**