

# **THE UPPER WENSLEYDALE NEWSLETTER**

**Issue 267**

**August 2020**

**Donation please:  
50p suggested**



Covering Upper Wensleydale from Wensley to Garsdale Head plus Walden  
and Bishopdale,  
Swaledale from Keld to Gunnerside plus Cowgill in Upper Dentdale.

## Guest Editorial

When it comes to local democracy and representation we are living in interesting times.

Devolution in North Yorkshire is high on the government's agenda and we are told that this could mean the loss of district councils such as those for Richmondshire and Craven. The government minister overseeing this is Simon Clarke MP. He has stated: "We will shift power from Whitehall to people on the ground who know their areas so well, understand their policies, and are empowered with the mandate, levers and agency to act upon them."

And then there are the proposals in Julian Glover's Review of national landscapes that the membership of National Park Boards should be reduced to between nine to 12. This has already had such an impact that on June 30th the Yorkshire Dales National Park Authority voted to reduce its membership within the next few years from 25 to 16. This should be the legal minimum as each local authority within the Yorkshire Dales National Park should have one representative on the Board.

Glover's Review is beautifully written and illustrated which is to be expected as he is a journalist and speech writer and the associated editor of the London *Evening News*. And there is so much in his Review that we can agree with. The Review repeats the warning that the United Kingdom is among the most nature-depleted nations in the world and that there is a crisis of nature in part because the National Parks have not succeeded in protecting it.

It would be good to see the National Parks receiving better funding - as compared with the financial cuts they have faced in the past few years. And it's good to read that "Our system of national landscapes works best when it works with people on its side. We can all agree that a village that is lived in, with an active school, people who work, and who are part of a living tradition, is better than a sterile place that is full of shuttered homes, empty pubs and derelict shops."

"If we are serious about demonstrating the value of 'lived in' landscapes, then we need to be serious about the people who live in them, and show how it's possible to offer meaningful social and economic support for them. So we want to see renewed commitment by those managing our national landscapes to make local

communities stronger. We therefore propose that the existing duty required of National Parks to see to foster the social and economic wellbeing of local communities in their area, be strengthened by making a third statutory purpose."

It repeats, however, that greater weight should always be given to the first purpose of National Parks to recover, conserve and enhance natural beauty, biodiversity and natural capital, and cultural heritage.

For me it was a shock to read that 24.5 percent of England is already covered by national landscapes (National Parks and Areas of National Beauty). In its manifesto for the last election the present government recognised Glover's Review and stated that it agreed that more National Parks and AONBs should be created.

The Review also proposes that a new National Landscapes Service should be created with a small Board appointed by the government. This will then appoint all the members of the Boards of National Parks, with their chairs being appointed by the Defra Secretary of State.

At that point I definitely felt confused. On one hand there is Simon Clarke MP arguing that we need a shift in power from Whitehall to the people on the ground, and on the other the Glover Review proposes what appears to me as yet more centralisation with a quarter of England under what could be described as "direct rule". The Review does, however, propose that the National Park planning sub-committees (reduced in size) should be made up largely of representatives from the constituent local authorities and parishes who should agree between themselves who they wish to see on it. The chair of the main Board and two other members should be on the sub-committee.

At the June 30th meeting of the YDNPA its CEO, David Butterworth, stated: "The introduction of a National Landscape Service ... is proceeding at an astonishing pace. This is why we need to grasp this particular issue [reduction of membership] and get it sorted because, if we don't, it will be sorted for us and not necessarily in a way we might find helpful for the Park or its communities." YDNPA member Nick Cotton commented: "We have an express train heading towards us and we have to be aware that change is going to be inevitable."

And now the government has told local

authorities in North Yorkshire to submit plans for a unitary authority by September and it has warned that if there is no consensus it will impose a solution.

If we value local democracy and representation this is surely the time to make our voices heard. If we stay silent now it won't be much use complaining when solutions are imposed upon us.

**Pip Pointon**

### Your Community Needs You!

For many years a group of volunteers in and around Hawes and Upper Wensleydale have provided Community First Responder support in partnership with the Yorkshire Ambulance Service. Our CFRs are trained to provide life-saving treatment to patients in the vital first few minutes of an emergency until our ambulance crew arrives. If effective treatment is provided quickly, lives can be saved and disability reduced. This is especially true for heart attacks and medical conditions which have caused someone to lose consciousness. In a remote rural area this can be a vitally important service.

Due to retirements and house moves out of the area our team will shortly be down to only two members. This is not sustainable in the long term and the future of our scheme is dependent upon finding new team members. If you are interested and wish to know more, please visit the website <https://www.yas.nhs.uk/get-involved/community-first-responders/> and/or contact Graham Di Duca on 01969 667327.

**Graham Di Duca**

#### Submission of articles

Please note that all submissions should comply with current copyright legislation. If submitted articles are not the original work of the person submitting them, then all relevant permission should be sought and granted for reproduction.

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NEXT ISSUE IS**

**TUESDAY AUGUST 18th  
(Unless we are full earlier)**

**PUBLISHED ON AUGUST 28th**



### Eunice the Ewe

It's nice to be back again!!

Where am I hiding this month? To enter for the £10 prize, please include your postal address if replying by email.

### Book and Equipment Awards

Once again the Newsletter is intending to offer an award of £500, for the first year at University, or equivalent, for students following post A-level studies. Please note that this award is not limited to books and we have helped fund such diverse items as a sewing machine and professional cook's knives as well as laptops.

Please apply in writing, or by email with your postal address which must lie within the Newsletter area (see bottom of the front cover).

Give details of the University or degree-equivalent establishment and say what the course is. If the application is accepted, receipts for relevant books or equipment must be sent in and then the grant will be forthcoming.

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## Chapel Gallery Reborn

Ellie and John Bates have re-opened the Chapel Gallery in Hawes where they showcase a wonderful array of craftwork by local artists from paintings to woodwork, knitwear to pottery. They serve great coffee, teas and cake in a delightful open gallery space in the converted old Methodist chapel opposite the Ropeworks.

The local 'knit and natter' group were meeting there when I interviewed Ellie (just before the lockdown), she explained that they opened last December just after the pop-up shop in Askrigg closed, so she was able to step in and house their crafts in the Gallery. Word spread fast that they wished to work with local artists and were soon approached by six painters to display their work. Although Ellie is no artist herself, she has a wonderful eye and the Gallery looks splendid offering something for everyone from small souvenirs through to collector pieces. She has also set up an online shop at [www.chapelgalleryhawes.com](http://www.chapelgalleryhawes.com).

John currently works away midweek so Ellie juggles life looking after her young son Quinn, their dog Paddy and running the business whilst renovating their home above the gallery. The young couple decided on a dramatic lifestyle change after a very stressful few years when they both lost close family. They worked long hours in the retail sector while living in Leeds, but longed to run their own business and bring up a family in the countryside. The Chapel

Gallery provides an ideal opportunity to achieve the work life balance they are aiming for.

Ellie was born in Richmond and is a world champion canoe polo player. She has competed all over the world for the Great Britain Women's team. Her dad is an experienced kayaker so Ellie grew up paddling before she could walk and joined the Swaledale Outdoor Club from a very early age. In 2009 she won a gold medal as part of the GB Team at the World Games in Taiwan. She regularly meets up with her fellow team mates, three of whom all fell pregnant in the same year! She had to give up competitive canoe polo after suffering a prolapsed disc, but still enjoys sea kayaking and in recent years has travelled to Greenland and Alaska wild camping and kayaking with her father.



Over the last 4 months whilst they have been closed, the building has had a huge makeover. With a new roof, a new window, re-pointing and fully repainted (amongst many other tasks) the building is looking really good. Inside a protective screen has been added over the counter, and new artists and crafters have joined the Gallery's exhibitors, which now numbers over forty.

They plan to develop the outside area to the side of the Chapel with seating and a covered buggy parking area and cycle stands. Once John is able to join her full time in running the gallery, she has great plans to develop and lead guided hill walking trips for visitors.

They are looking forward to being part of the local community and wish to thank everyone for welcoming them so warmly. So next time you are in Hawes, pop into the Chapel Gallery, have a coffee and say hello.

**K.J.**

### Drop-off points and contacts

For news, articles, reports, letters, What's On dates, competition entries, suggestions and comments:- All 01969 numbers.

<b>Hawes:</b>	Community Office	667400
<b>Gayle:</b>	Sarah Champion 23, Little Ings	667006
<b>Bainbridge:</b>	Sylvia Crookes, 3, Bainside	650525
<b>Askrigg:</b>	Rima Berry, 8 Mill Lane	650980
<b>Carperby:</b>	<b>New contact needed</b>	
<b>West Burton:</b>	Nadine Bell, Margarets Cottage	663559
<b>Aysgarth:</b>	Hamilton's Tearoom	663423
<b>Redmire:</b>	Kevin Davis Westholme	624165
<b>Thoralby:</b>	Sandra Foley, Shop	663205
<b>West Witton</b>	Christine Barker, Chestnut Garth	624934

## Dales Police Report

We continue to navigate our way through these strange times, dominated by the many worrying effects of coronavirus. As more elements of 'normal' life begin to reopen, including pubs, shops and holiday accommodation, it is apparent that we all have increased responsibility for looking after the welfare of each other by applying some common sense to our everyday routines. Whether this be wearing face masks in enclosed public places, regular hand washing, applying social distancing, or avoiding crowds. For the latest advice and information regarding the pandemic please go to Gov.uk/coronavirus.

The following incidents of note have occurred in the Dales area this month –

Two incidents were reported in June regarding free grazing cattle on the common land above Gunnerside chasing people, one of which resulted in an injury to a local man. The Access Ranger for the Yorkshire Dales National Park has investigated the incidents and taken appropriate enforcement action by formally warning the farmer responsible for the cattle. Please report any such incidents to the Yorkshire Dales National Park.

Overnight on June 25th the front doors of the Penny Garth Café and the Fish and Chip Shop on Hawes Market Place were both damaged by silicon being injected into the locks. Obscenities were also scrawled on the pavement outside them. CCTV images have been obtained of the offender, a hooded male figure in wellingtons. Enquiries are continuing to identify him.

Anyone with any information should contact North Yorkshire Police on 101 quoting reference 12200108060.

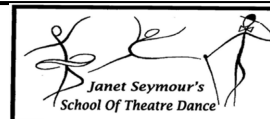
We have been informed by Trading Standards of a worrying rise in courier fraud; basically where a victim is contacted by a person claiming to be from the police, informing them their account is under threat and persuades them to attend the bank, withdraw their money and a 'police officer' will attend their home address and take the money for safe keeping. Please be sure that you or a vulnerable relative don't fall for this kind of theft.

Likewise we have been taking reports of other telephone scams. These have included calls from persons pretending to be from Amazon Prime, attempting to convince you to give them remote access to your personal computer, and then removing money from your bank account. Also fake callers claiming to be from 'Track and Trace' informing you that you require a coronavirus test and asking for a £50 payment. Please be on your guard and don't be a victim. Such incidents can be reported directly to Action Fraud.

The Dales are seeing increased visitor numbers, presumably due in part to restrictions on foreign travel, which is causing some community tensions. Please continue to show patience and tolerance towards each other, and remember 'behaviour breeds behaviour'.

**Julian Sutcliffe PC558**  
**Northern Dales Neighbourhood Police Team**

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www.swaledaledance.co.uk



## Askrigg and District Produce Show

The Askrigg and District Produce Association began in 1941 and, as far as we are aware, there has been a produce show every year since then so this might be our eightieth show. You won't be surprised to hear that we are not able to run a show in Askrigg Village Hall this year but will be holding a virtual show instead. I like to think that we are not cancelling the show this year – just doing things differently! Our strap line for this year's show is 'The show must go on-line' which I think sums up our approach nicely. The show will be entirely on-line and anyone wanting to take part will need to send in photographs of their entries.

The show is run by a small committee of experienced and talented people who have made the show such a successful event for several years now. The secretary is Karen Jones, Treasurer, Alan MacDonald and we also have Jill Wooley, Paula Hague, Rhian Liddell, Liz Connelly, Martin Garside, Mary MacDonald and Malcolm Carruthers. Of course there are usually a large band of helpers around show day that appear and work incredibly hard to make the show happen – I really hope they won't forget what to do by the time we return to the village hall next year.

We have had to alter the schedule a fair bit this year to allow for the fact that entries will be made by photograph – so no tipples or preserves and a very much reduced bakery section. We have included a few classes that reflect the current situation – for example, in the Floral Art category there is a class entitled 'Rainbows' and in the Handcraft section there is a class for a 'Lockdown Limerick'.

There is a dedicated show website where we will host the show, which is accessible through the normal Produce Show website at [askriggproduceshow.weebly.com](http://askriggproduceshow.weebly.com), where exhibitors and visitors can find out all the details about the show, explore the schedule and look at

the entries as they arrive.

Of course, it will be quite different from previous years in that exhibitors will be able to photograph their exhibits from the best angle and in the best position to show off the labours of their work to the best effect. They will also be able to look at the competition to see what the standard of entries is like. Hopefully that won't put anyone off – we really want as many people to enter as possible to make this a real success despite the dreadful effects of the pandemic.

We are accepting photos of exhibits via email at [askriggshow2020@btinternet.com](mailto:askriggshow2020@btinternet.com) (there is a link from the show website) or via Facebook or Instagram – just search for Askrigg Produce Show. The committee will load any entries onto the show website as they arrive. One interesting aspect this year is that we may get entries from far and wide – I already have a very keen follower on Instagram from Finland! We've asked any non-locals to say where they come from – perhaps we'll attract some future international visitors to the show when we return to 'normality'.

Entries are free and will be accepted right up until Midnight on **Friday, August 28th** and judging will take place remotely by our expert team of judges. Winners will be announced on the website and also through social media at around midday on 'show day' which is **Sunday, August 30th**. We aren't awarding cups and trophies this year but we will be awarding vouchers to be spent locally to the winning children in each age group. To assist us in administering the website it would be really good to have entries as early as possible to avoid a last minute rush.

We are really excited to be continuing with the show this year albeit in a rather unusual way and we look forward to returning to village hall next year for our 80th show.

**Mike Dechezeaux**  
Chairman – Askrigg and District  
Produce Association

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### August Quiz

Now we are back in print the prize quiz has returned.

Below are clues to different foods and drinks. The name of each food includes a different place in the UK.

1. Aussie 'Crocodile' gateau. (6,4)
2. Port with solitary fish. (5,4)
3. In alphabetical order it currently looks like this - accceekls. (6,4)
4. My childhood favourite is mum's shepherd's pie, \_\_\_\_\_, and roasted potatoes. - Gordon Ramsay. (9,7)
5. It can only be produced in Derbyshire, Nottinghamshire and Leicestershire but is named after the Bell Inn village in Cambridgeshire. (7)
6. A pudding problem at Johnson's alma mater. (4,4)
7. Pickle now removed from its Staffordshire village (8)
8. Since 1837, 'Just a dash makes all the difference' with this condiment from the West Midlands. (14,5)
9. The authentic ingredients include finnan haddie, potatoes and onions. (6,5)
10. Island monarch's tuber. (6,5,6)
11. Modern fort's amber fluid. (9,5,3)
12. Sweet made from tern and peacock fat. (10,4)

Send your answers to arrive no later than **Tuesday, August 18th** for a chance to win the £20 prize which will be sent to your nominated charity.

### July Competition Answers

1. Easel
2. Seaweed
3. Dally
4. Weasel
5. Dene or Dell
6. Leaden
7. Wynd
8. Leeway
9. Sweeney
10. Dwale
11. Wale
12. Dense
13. Slade
14. Sendal
15. Wend
16. Aedes
17. Weald
18. Slane
19. Wand
20. Weasley



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## National Youth Charity Provides Lifeline to Dales Music-Making

BlueBoxt Productions, the voluntary run performing arts organisation based in Wensleydale, are looking for young people aged 11 years and over to join their free online mentoring and support sessions.

Like many voluntary arts organisations, all BlueBoxt activities came to a grinding halt in March when the Government put the country into lockdown in response to the COVID-19 pandemic. Regular music-making sessions for young people and all professional touring concerts and theatre productions were suspended with no clear prospect of being able to restart for the rest of the year.

As a small organisation relying on volunteers and freelance practitioners to deliver their activities, BlueBoxt also suffered another hard blow. There would be no financial support from Government initiatives that have been announced.

“We had to suspend all contracts, all our fund-raising activities were cancelled and there is no support available from the Government initiatives,” says Chairman and Music Leader Colin Bailey. “We don’t operate a PAYE scheme, we work in shared office space and community buildings so we don’t have a Business Rates account. We’ve fallen right through the gaps like so many organisations in the sector.”

Support has come from Youth Music, using public funding from the National Lottery through Arts Council England, who chose BlueBoxt as one of the recipients of their Emergency Covid-19 funding. The £5,000 grant will allow mentors to keep in touch with young people who are studying from home and looking to develop their skills.

**The scheme will provide individual and group support using video and telephone conversations. There is provision for those not fortunate to have internet access to help tackle social and digital isolation among young people.**

“We want to hear from young people who have an interest in all aspects of music and the performing arts.” says youth leader Dan Harwood. “I really miss not been able to meet friends and perform music. Having access to remote support has really allowed me to keep in

touch and progress my music theory and music production skills.”

The scheme can offer support with learning an instrument, music theory and music production. Young people will be able to participate in online study sessions, discussion groups and take part in collaborative recordings and virtual performances. There are opportunities to study Arts Award, instrumental grades, music theory and music production.

Anyone interested in attending the taster session should register in advance. For more information and registration details, visit [www.blueboxt.co.uk](http://www.blueboxt.co.uk) or contact Colin Bailey on **07711 211169** or by email at [info@blueboxt.co.uk](mailto:info@blueboxt.co.uk).

BlueBoxt productions supports performing arts activities in the Dales

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- ▷ Music theory
- ▷ Music production

Take part in online study sessions, discussion groups, collaborative recordings and virtual performances.

From September, or when it is safe to resume group sessions, take part in regular activities to develop ensemble, recording and performance skills

To register, ask a question or find out more, visit our website [www.blueboxt.co.uk](http://www.blueboxt.co.uk) and click on **PLAY RECORD PERFORM** or call or text Colin Bailey on **07711 211169** or by email at [info@blueboxt.co.uk](mailto:info@blueboxt.co.uk)

\*Eligibility criteria applies for some activities and associated costs. A confidential discussion forms part of the registration process.

This activity has been kindly supported with funding from:

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### The Market House Bookshop, Hawes

The lease for the Bookshop in the Market House, Hawes is shortly to become available.

The shop has been a bookshop under different ownership for a number of years. As a retail opportunity it need not necessarily be a bookshop but any different business would need to be in keeping with the general use of the Market House. Any expressions of interest in taking over the lease should be directed to Graham Di Duca (Chair of Trustees) by email [gdiduca@btinternet.com](mailto:gdiduca@btinternet.com).

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### Wensleydale Agricultural Show

**Saturday, August 29th**

Unfortunately, we have had to cancel the 2020 show in its usual format due to Covid-19 restrictions – the safety of our helpers, exhibitors and visitors must come first.

However, we are delighted to be working hard as a committee on an online show which will include all sections seen at our regular show, with sixty classes and many exciting things planned. We are delighted that the Co-op are our headline sponsors.

For more details, including deadlines, visit [www.wensleydaleshowonline.co.uk](http://www.wensleydaleshowonline.co.uk).

The schedule for the online show can be found at [schedule 2020 colour](#).

Closing date for entries and submissions is **Monday, August 10th**.

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## Eat Well, Stay Well

I have a friend that's a mechanic and his take on health eating is that you wouldn't put rubbish fuel in your bike or car and expect it to run well so why would you eat rubbish food and expect to be in top form? Being the daughter of a mechanic I can appreciate this analogy and try to live by it (most of the time but I still haven't managed to ditch my Yorkshire tea habit!).

We are inundated with messages about food all the time. We are what we eat, eat five a day (which is actually eight a day now in an ideal world), limit this and take that. But how easy is it to nurture your health on a day to day basis in a way that you can afford and have time for?

Maybe the answer is easier than we think. Maybe we should stop trying to tackle everything at once with sweeping statements about starting a new extreme diet or exercise plan and just enjoy food and moving in a way that suits us that we can sustain.

Fall in love with food again! Food should fuel you, nourish you and be enjoyed. Not be calorie counted or mindlessly shovelled in your mouth whilst you check out what's happening on your phone (we've all done that haven't we?!). Then felt uncomfortably full and fed up as soon as we've finished.

And the benefits of thinking about what you eat and savouring it are? Increased energy, better sleep, looking and feeling in the peak of health and having peace of mind that you are doing everything you can to stay well so you can tackle whatever life throws at you.

All of the above is much easier to do if you use good quality ingredients. They are tastier and more nutrient dense than over processed packaged foods, meaning you eat less, but still feel satisfied and well nourished at the end of a meal. It's a win win!

So what are your great ideas to achieve eat well-feel well nirvana, I hear you ask.

\* Eat protein with every meal/snack and avoid 'empty' carbs such as white bread and pasta, cakes, sweets and biscuits with little nutritional value – this will prevent carbohydrate induced sugar spikes and the inevitable crash a short time after, help you feel full for longer (thereby alleviating the need to go in for round two of a carb fix) and is most definitely the answer to satisfy grumpy children who are past it and nasty because they're hungry! Try it, give them

some nuts or cheese with their crackers (or even better oat cakes) maybe sneak in some apple or some cucumber and tomatoes to up their fruit/veg intake at the same time and the sustaining effect will be a revelation! Same thing works for adults too.

\* Try some alternatives to refined white sugar – more natural sugars such as date syrup or coconut sugar are less inflammatory to your system and taste great (you'll need less when used in baking than refined white sugar). Cinnamon, dates and vanilla also help to add sweetness to your baking thereby reducing the amount of sugar you need in recipes.

\* Think filling, think variety, think how many portions of veg have I had today – home made veg soup is tasty, warming and nourishing (think onions, carrots, celery, leeks, turnip, celeriac, corgette, spinach all in a pot) and you've had eight lots of veg for your dinner and the rest can be frozen for lunches for many days to come. Serve it with some scrambled or poached egg (a complete food in itself high in protein and iron rich) on toast with spinach or watercress and avocado and some wee tomatoes roasted in olive oil, salt and pepper and dried oregano and not only have you nourished yourself with a whole host of vitamins,

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minerals, protein, complex carbs and essential fats but you'll feel fabulous too (and less likely to hunt for the biscuit tin come 3 o'clock).

\* Eat for your immunity – got to be worth considering now more than ever. Nuts and seeds are not only high in protein but are packed full of minerals such as zinc which is great for your immune system. Almonds are a good source of magnesium (required to ensure good sleep) and selenium deficiency is believed to be a risk factor in the development of severe viral respiratory infections. Brazil nuts are an outstanding source of selenium with sunflower, sesame and linseeds providing additional easy to obtain sources too. Dried fruits are a great source of vitamin C (immune boosting) think dried mango or blueberries as well as the usual raisins and sultanas.

\* Get outside – Vitamin D (the sunshine vitamin) is vital for good health and your immune system. Selenium studies are showing that Vitamin D deficiency is a key factor when it comes to respiratory infections and how we handle them. The good news is that we've had lots of sunny weather here in Hawes recently (not something we can say very often!) so we should all be fairly well topped up with this essential vitamin at the moment. Just bear in mind that supplementation may be required as the weather alters (Vitamin D sprays or drops are more easily absorbed than tablets).

\* Consider the cost – eating healthily needn't be expensive. Using dried ingredients such as lentils or chickpeas and soaking them before cooking is cheaper than buying tinned (and helps with the environment too as it reduces the need for lots of packaging). Pulses are a great source of protein and fibre and can be used in lots of different ways. Batch cooking and freezing saves you time and money and means you'll make better food choices. There is nothing more satisfying than peering into a freezer full of home made food deciding what to have for tea knowing you don't have to start cooking it from scratch!

\* Make small changes in day to day eating – find foods you love and don't be swayed by trends; find out which foods work for you.

I could go on and on, and often do - especially when it comes to food. Instead I'll leave you with a recipe to get you inspired. Eat well... stay well.

## Granola

1 kg oats (Gluten free or ordinary oats).

Approx 4 tblsp ground flax (linseeds).

3 tblsp each of sunflower, pumpkin & sesame seeds.

2 tblsp chia seeds (not too many chia seeds as they can overwhelm).

Flaked almonds, pecan and hazelnuts (chopped).

Approx. 4 tsp cinnamon.

Pinch of salt.

Coconut flakes (add for the last five mins at the end of baking so they just get nicely toasted and crispy).

Approx. 4 tblsp melted coconut oil.

Good drizzle of date syrup (according to taste).

4 x whisked egg whites (keep the yolks to make mayonnaise).

Mix the dry ingredients then add the coconut oil, egg whites and date syrup (mix it all up in two large trays so it's all spread out and bakes evenly).

Bake at 160°C and keep stirring it every 10 minutes or so until its toasted. Don't over mix it so you keep some of the clumpy bits, which go all crispy.

Store in airtight containers when it's cooled down.

Serve with natural yogurt and fresh fruit or milk (almond milk is lovely on granola) and dried fruit for some extra sweetness.

**Michelle (Hale & Hearty at Honeycott, Ingleton Rd, Hawes)**

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## The Wensleydale School and Sixth Form

As we finish the most bizarre school year I have ever encountered in my career amidst Covid-19, we have much to be thankful for in our community. Firstly, the dedication, professionalism and determination to do the right thing from the staff at Wensleydale School has been deeply appreciated. From day one in lockdown we have managed to provide free school meals to families who needed them, organise online learning very swiftly, deliver revision guides and learning resources across the dale and then prepare our site, to be as safe as possible for returning Year 10 and 12 students. Secondly, we couldn't have done any of this without the support from parents and the wider community. There have been some fantastic offers of help and support and a real community spirit during the last few months. I am very grateful to everyone who has 'mucked in' and offered their support.

I am pleased to say that our sporting facilities are being opened up to Junior and Senior football groups over the summer break, for some much needed recreational exercise and social interaction for young people. Furthermore, we are well on the way to being able to open our site more easily with support from Leyburn Town Council. There are further plans in place to renew our Multi Use Games Area and improve the general facilities, including the opening of our newly refurbished changing rooms in September.

Since Lockdown we have also taken the opportunity to have a close look at the school site and make improvements. Having said that, the experience in school will be very different in the Autumn term. There is no doubt that Covid-19 has not gone away and we are determined to make school as safe a place as it can be, when all students return. There is a new one-way system throughout school, very distinct signage and hand washing and sanitizing facilities outside every classroom. Lunch time has also been subject to a makeover, as we have had to introduce 'split' lunches to reduce the social interactions



students have. Some of this sounds pretty grim, but we know that all the planning and organisation will be worth it for everyone.

We have had some super success though, two students in particular stand out - Mille Holden in Year 10 who is a talented ballerina and has been having private zoom meetings with a ballet teacher from New Zealand who used to fit ballet shoes for the Grishko ballet. This was organised through her ballet teacher Janet Seymour, so Millie has one zoom meeting a week linking into New Zealand and she also does about ten or so ballet classes a week from her living room with her barre set up in there. If this wasn't impressive enough, she has been lucky enough to be able to join a zoom meeting with Darcey Bussell via the Royal Ballet School and Millie is super excited. We wish her all the very best and can't wait to hear all about it.

Also Nicole Rhymes, another one of our Year 10 students, has just been awarded Ed Lounge's Student of the Year award. It is well deserved and we are super proud of her.

School will be closed for a few weeks during the beginning of the summer holiday. Senior staff will be back later in August for Year 13 and Year 11 results days - again a very different experience to normal. This year the results are based on teacher gradings as none of this year's cohort were able to sit national GCSEs and A levels. We are confident that our students will be rewarded for all their hard work prior to lockdown and we will be on hand to help with final decisions about post-16 and post-18 destinations.

School reopens to all students on **Wednesday, September 9th**. For updates over the summer please continue to check our website : <https://www.wensleydale.n-yorks.sch.uk/> and our new Facebook page.

**Julia Polley**  
**Headteacher**



### John Stirling

Brenda, Ann, David and Bob would like to thank friends for their cards, letters and kind messages.

A special thank you to The Central Dales Practice and The Friarage Hospital for the great care that they provided for John. Thanks also to Rev. Melanie Reed for a very fitting funeral service and to Richard Sanderson, Funeral Director, for his help and guidance.

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### Wensleydale Railway Polar Express

It is a long way ahead but ticket sales are booming for this year's Polar Express. As of June 29th, if ticket sales continue as they are, increasing by 1.5% per week, all tickets should be sold out by mid October! Earlier in June we had sold 9000 tickets from a possible 45,000.

If you are wanting to take your families and friends the advice is book now before it becomes too late as we had too many disappointed people last year. To book go to:  
[www.yorkshiredales.thepolarexpresstrainride.com](http://www.yorkshiredales.thepolarexpresstrainride.com)

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## Yorkshire Dales Amateur Photography Competition

The Garden Rooms at Tennants and charity Yorkshire Dales Millennium Trust are delighted to announce the launch of their 2020 Yorkshire Dales Photography Competition – and are now inviting entries from talented amateur photographers. We're now inviting you to pick up your camera and capture the Yorkshire Dales in photographs of the people, landscapes and wildlife that make this area so special.

Whether you're inspired by the limestone landscapes, wildflower meadows, native birds or rural village life, we're looking for photographs that capture the Yorkshire Dales you love.

Thirty-five finalists will be selected from the entries, whose work will be included in our gallery exhibition, which will run from November 17th to December 16th. Visitors to

the exhibition will be invited to vote for their favourite. The overall winning entry, as voted for by the public, will receive a prize of a £100 photographic voucher and a Yorkshire Hamper.

Judges will also pick their twelve **favourites** for inclusion in the Yorkshire Dales Millennium Trust 2022 Calendar.

Entry forms are available at <https://www.tennants.co.uk/media/3049/ydmt-tgr-2020-entry-form-post-covid.pdf>.

Please note the new deadline for entries is **October 16th**.



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## Heavens Above

This month's meteor shower, the ever-reliable Perseids, is one of the best of the year. You can expect to see at least one 'shooting star' a minute when the shower reaches its peak on the night of **August 12th and 13th** – in a really good year well over 100 an hour. The Perseids are famous for producing a large number of bright, swift meteors travelling at a speed of well over 30 miles a second as they slam into the atmosphere. Many leave long-lasting coloured 'trains' or trails as they flash across the sky. If you're lucky you might even spot a really brilliant 'bolide' or fireball that can rival Venus in brightness.

Like other annual showers the source material for the Perseids is dust particles left behind by a comet, in this case Comet Swift-Tuttle discovered in 1867. They're called the Perseids because the meteors appear to originate from a point in the sky – the radiant - located in the constellation of Perseus, but this is just an effect of perspective, they're really travelling in parallel paths.

If you're planning to catch the display try and find a dark location away from street lighting, and give your eyes at least fifteen minutes to adjust to the dark to allow you to spot the fainter meteors. The best time to observe is after midnight when the shower meets the Earth head-on. Sadly, a second quarter Moon will affect some of the fainter meteors this year, but it should still be a good display as the Perseids are so bright and numerous.

All eight of the major planets are on view at one time or another this month. In the early evening the two largest planets, Jupiter and Saturn, are still very prominent low in the south. They're beginning to fade a little now that they're past opposition. Mars, the Red Planet, rises in the east around **10.30pm** and is getting brighter all the time as the Earth speeds towards it. Uranus, our next planet, is just about visible to the naked eye. It rises around the same time as Mars in the constellation of Aries the Ram. You'll need good binoculars or a small telescope, however, as well as a star map (or an app these days!) to spot Neptune, the distant outermost planet. It lies in Aquarius and climbs into view about **9.00pm**. The two inner planets Mercury and Venus are visible in the early morning sky. Venus, rising at **2.00am**, is a brilliant object blazing away at magnitude minus 4.3. It becomes even more prominent towards the end of the month as it draws upwards into darker skies. Tiny Mercury, the innermost planet, is visible during the first part of August low in the north-east shortly after **4.30am**. On **August 9th** it passes in front of Praesepe, the lovely Beehive star cluster – a beautiful sight in binoculars. And the eighth planet? Just look down – you're standing on it. Have clear skies!

Al Bireo

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### Mystery Picture

Last month's Mystery Picture was of the remains of the Redmire Brick and Tile Works which are found near Wood End Lane, east of Redmire.

Where would you find this gateway?



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Any enquiries to **Sue on 663504** please

### Mobile Recycling Collection

The council Mobile Recycling Collection point will be at Brunt Acres Ind. Park, Hawes from **9.00am to 1.00pm on Saturday, August 15th.**



### Seasoned Firewood Logs For Sale

Hardwood and Softwood available. Bulk Bags, Bulk Loads and smaller bags available, also kindling bags. Can deliver locally – Hawes Area

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**Wensleydale Music and Theatre Group**

As to be expected, this year's production of 'Snow White and the Several Dwarfs' has been postponed. We are pleased to report that as a group we are still alive and kicking - with the script already **bought** there is no stopping us!

When it is possible, we hope to run some singing and dancing sessions which will focus on music for the next show – featuring songs from Frozen 2 to South Pacific to the Pet Shop Boys! We are excited to be able to bring another eclectic mix of music and fun to the stage.

Please keep an eye on our Facebook page for updates, or email [amycockett@outlook.com](mailto:amycockett@outlook.com).

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**AUGUST WHAT'S ON LISTING;**  
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**Yorebridge Sports  
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**August**

- 10 Deadline for entries to the Wensleydale Agricultural Show. See p. 9.
- 15 Mobile recycling collection. Brunt Acres Industry Park. 9.00am.
- 28 Deadline for entries to the Askrigg Produce Show. See p. 6.
- 29 Wensleydale Agricultural Show online. See p. 9.
- 30 Askrigg Produce Show online. See p. 6.

The gym can now re-open! Great news! This will be from **Monday, July 27th** and our opening hours will be from **6.00am to 10.00pm** each day as before. Let's get fit again after lockdown!

The gym will be fully operational whilst adhering to government coronavirus guidelines. If you would like to join please contact us (see below) or visit our website for more information.

We are continuing with our outdoor classes which are:

**Fit for life - Mondays 9.30am to 10.30am.**

Low impact circuit based class to build strength for everyday activities to help you be physically active on a daily basis.

**Bootcamp - Tuesdays and Thursdays 6.00am to 7.00am.**

High intensity working all areas of the body to build strength and stability to support your active lifestyle.

**Walking Circuit - Wednesdays 9.30am to 10.30am.**

A circuit style class using low impact body weight exercises to build and maintain core and leg strength for all your daily activities.

**Circuit training - Wednesdays 7.30pm to 8.30pm.**

A high intensity class to build fitness and to counteract the stress of daily life and sedentary work environments.

**Step Class - Thursdays 7.00pm to 8.00pm**

Work out to your level. Come along and improve your fitness levels.

All classes need to be booked in advance. The cost of each session is £6 but there is a discount if booking six sessions in advance for £30.

Please visit our website for more details or email us with any queries or to book places. We look forward to seeing our regular gym members as well as newcomers to our facilities.

Contact us at [admin@yorebridge-sport.co.uk](mailto:admin@yorebridge-sport.co.uk); website [www.yorebridgesportandleisure.co.uk](http://www.yorebridgesportandleisure.co.uk); facebook Yorebridge Leisure; or twitter [@yc\\_leisure](https://twitter.com/yc_leisure).

**DCM What's On**

**Virtual Exhibition**

**Teeswater Year : Farm • Fleece • Fashion**

An exhibition featuring the work of Nidderdale based photographer Melissa Peakman and textile artist Yvonne Le Mare. Melissa documented Teeswater Sheep and their breeders over 12 months, in fields, barns and show rings. Her often gritty images contrast with Yvonne's beautifully crafted, colourful feltwork, which transforms humble fleece and locks into sophisticated, stylish textiles.

Visit [www.dalescountrysidemuseum.org.uk](http://www.dalescountrysidemuseum.org.uk) and click on 'Whats on' to view.

**Please Note**

Due to the current coronavirus regulations we are unable to hold this year's series of Dales Discovery talks at St. Margaret's Church. We are hoping to transfer this year's programme to next year.

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## The Upper Wensleydale Benefice

We are pleased to announce that from **August 2nd** we can hold Sunday services again. We have put together a temporary plan of services that will enable us to safely meet together once more. In addition, our churches will continue to be open for private prayer under the same arrangements as last month.

Thanks must go to our dedicated team of volunteers clearing and cleaning the buildings, creating the appropriate risk assessments and manning the churches during opening hours. Things will continue to be different for a while longer as we work alongside new safety

guidelines. Our services have to be shorter, with no singing and some are at different times than usual, but all of this is temporary, to allow us to safely meet together sooner, rather than later. We are hoping to return to our regular pattern of worship by October.

We will still be producing our publication 'Church in the Home' on a weekly basis and continuing to post videos on our YouTube channel that has proved so popular during the lockdown period. You can keep in touch via our facebook page - [upperwensleydalechurch-cofe](https://www.facebook.com/upperwensleydalechurch-cofe), website - [www.upperwensleydalechurch.co.uk](http://www.upperwensleydalechurch.co.uk) and email - [office@upperwenben.org](mailto:office@upperwenben.org), or please telephone me directly **01969 667553**.

I look forward to seeing you all once again, very soon.

**Revd. David Clark**

Temporary Pattern of Services August				
Date	St Mary & St John's Hardraw 9.00am	St Oswald's Askrigg 10.30am	St Margaret's Hawes 2.30pm	St Matthew's Stalling Busk 4.00pm
2nd	Holy Communion	Holy Communion	Holy Communion	Holy Communion
9th	Holy Communion	Holy Communion	Evening Prayer	
16th	Holy Communion	Morning Prayer	Holy Communion	
23rd	Morning Prayer	Holy Communion	Holy Communion	Evening Prayer
30th	<b>OUTDOOR BENEFICE SERVICE</b> If permitted- <b>10.30am</b> venue tbc <b>8.30am</b> - Holy Communion in Hawes			

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### School of Dance Uses Zoom During Lockdown

Janet Seymour's School of Theatre Dance has continued with their dance classes online via Zoom throughout lockdown. Assisted by former student, Hannah Smith, who has recently returned from teaching dance in Ireland, the students continued dancing from their own homes throughout the Easter holidays and the half term break. There will be Musical Theatre Workshops in the first week of the holidays with West End performer Sam Lathwood who will be offering online classes from the musicals, Matilda, Mary Poppins and Hairspray for Juniors and Seniors.

Janet says "I have really enjoyed being able to keep all my classes going during these unusual times especially being able to offer a Wriggle and Rhyme class on Zoom for under threes with singing and movement to music. Donations from these classes have gone to Swaledale Seedlings, Hawes Playgroup and Dalesplay. We have also had former students from Germany and Spain join our adult tap and ballet classes, and their children join our Wriggle and Rhyme classes online. They are learning rhythm, dance and a new language!"

Forty dance students aged between 6 and 18 were faced with the postponement of their ballet exams when the Royal Academy of Dance examining body sent all their examiners home due to the impending Covid-19 crisis just three days beforehand. Just before the lockdown started it was agreed that the young dancers at

Janet Seymour's School of Theatre Dance could take their exams remotely with everything being filmed and then emailed off for marking.



From left to right, Christa Fagg-Rawlence, Cicely Baranasic, Eliza Warner-Reed and Emily Ford.

After a long wait the results have now been returned with all the students passing and those taking vocational exams earning with distinctions or merits.

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during August as follows:-

**2nd** - St Andrew's, Aysgarth.

**9th** - St Margaret's, Preston under Scar.

**16th** - St Mary's, Redmire.

**23rd** - St Bartholomew's, West Witton.

(Our 'Phone-in Services at **9:30am** and the  
Zoom Service at **10:30am** will continue to take  
place every Sunday).

We are opening our Churches for Private  
Prayer in a limited fashion as follows:-

Sunday - St Bartholomew's, West Witton.

Wednesday - (**10.00am to Noon**) St  
Andrew's, Aysgarth.

Thursday - St Oswald's, Castle Bolton.

Friday - St Mary's, Redmire (not **Friday,**  
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Every day - St Margaret's, Preston under Scar  
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## A Lifetime's Work of a Love of the High Fells

'Raistricks And Other Hills Over 1,000 feet in the Yorkshire Dales' a new book by hill walker and keen amateur geologist Bernard Peel of Cross Hills is clearly a culmination of a lifetime's love of the high fell country of the Yorkshire Dales. Bernard has done us a favour by identifying all those 242 hills in or close to the Yorkshire Dales National Park of more than 1,000 feet. So, go bag yourself a 'raistrick'

In simpler times, if you were a keen fell walker and wanted to feel you had literally climbed a mountain you looked at your 'one inch' Ordnance map and it would tell you which of those you had climbed were over that magic internationally accepted definition of a mountain of 2,000 feet above sea level. This happily included quite a few summits on the Yorkshire Dales, such as all 'three peaks', plus Buckden Pike, Great Whernside, and Fountains Fell.

When OS maps went metric and became 1:25,000 or 1:50,000 everything changed. Even the mighty Ingleborough at a mere 724 metres didn't have quite the same cachet as when it was 2,373 feet. But pride was restored when following the success of Scottish mountaineer Sir Hugh Munro whose categorisation of any hill in Scotland above a mighty 3,000 feet was

widely accepted as a Munro.

This set a trend and once all the Munros had been bagged, lesser hills were soon to get their own designation - Corbetts (between 2,500-3,000), Grahams (between 2,000-2,500) Donalds (over 2,000 Lowland Scotland) and eventually Hewitts and Nuttalls (England and Wales over 2,000 feet) depending on achieving the minimum height re-ascend levels from the nearest adjacent peak. But there are also Marilyn's which can be any height above sea level but must offer a minimum rise from surrounding land surfaces of 492 feet (150 metres) on all sides.

Confused? Perhaps so. But maybe this new book which also lists the summits of the more modest - if still challenging - 1,000-2,000 feet peaks of the Yorkshire Dales, might help clarify the situation. Its author Bernard Peel has at various times in his career been a farmer, civil servant, lifelong hill walker and keen amateur geologist. But Bernard is also a long serving volunteer with the Yorkshire Dales Society - now Friends of the Dales.

Bernard's fascinating new study of all the hill summits of the Yorkshire Dales (defined by the area of National Park, Nidderdale AONB and fringe areas) the criteria being the old 1,000 feet "mountain" definition, with a minimum re-ascend of 100 feet, so the hill summit is a distinct feature not just part of a longer ridge, but significantly lower than the 2,000 feet of a Hewitt or Nuttall.

After detailed research with maps and no



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doubt many years on the fells with boots and rucksack in wind, sunshine, sleet and rain, Bernard has recorded no less than 242 hill summits over 1,000 feet in the Yorkshire Dales, of which 23 are Marilyn, 13 Hewitts, and 8 Nuttalls, but perhaps the most characteristic of the Dales fells are 72 peaks over 1,000 feet, with a minimum rise of 100 feet or more to their summits to make them a proper peak.

Bernard has named these typical Dales peaks "Raistricks" – a tribute to the great geologist, historian, industrial archaeologist and author Dr Arthur Raistrick (1896-1991) former President of the West Riding Ramblers and a founder member of the Yorkshire Dales Society. In 2000 he was designated the YDS Dalesman of the Millennium. Arthur Raistrick was a great hillwalker and would have walked, if not all, most of the fell summits now named after him.

To make sense of this mass of detailed information, all the peaks are listed in clear groups under their nearby high point or "parent summit" with grid references and distances in good old-fashioned imperial measure (miles and fractions of a mile - for those with long childhood memories, an eighth of a mile equals one furlong) from parent summit. There are useful maps and notes to advise walkers on the best or easiest ascent of individual peaks by public paths or over access land.

Thanks to the 2000 CROW Act there is now public access to almost all open land in the Yorkshire Dales so now no need to trespass. But there is also descriptive text which might help

his less energetic readers get to the right viewpoint for "peak spotting" which, even if you can no longer bash across the heather or sphagnum peat or climb up a near vertical slope, means you can enjoy a view of the peak from a car window on minor roads.

An amazing collection of photographs helps you identify that peak or group of peaks from the roadside. As most summits are well away from bus routes, the bus user just has to walk a few miles more, but keen fell walkers might also know there is no finer way of enjoying the Wild Boar or High Seat Group than using the Settle-Carlisle line and walking between Garsdale and Kirkby Stephen stations in the process.

This book is clearly the culmination of a lifetime's love of the high fell country of the Yorkshire Dales. Its detailed classification and categorisation makes this less of an armchair read and more of a valued work of reference, worth a place on fellwalker's bookshelf, so that when you need to work out exactly what that summit is and how to get there you can reach for your Raistricks.

'Raistricks' is published by the author with help of a grant from Skipton Mechanics Institute and is priced at £10. It is available in some Dales bookshops or from the author by email: [rosabernard.peel@btopenworld.com](mailto:rosabernard.peel@btopenworld.com) or from: [office@yds.org.uk](mailto:office@yds.org.uk)

It is also available from Friends of the Dales, Canal Wharf, Eshton Road, Gargrave BD23 3PN price £11.50 to include postage, cheque to be made payable to G.B. Peel. The Friends of the Dales will receive £2 from every sale.

**Colin Speakman**

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## ACE Logo Competition Winner



Askrigg Community Energy (ACE) have held a competition to design a logo for this new project which has been funded by the Tees Valley Mayor and the Tees Valley Combined Authority. The plan is to conduct a renewable energy feasibility study in Askrigg.

Children from Askrigg school have created designs for the project logo, and the successful design was by Rosalyn Civil (pictured right). Her prize was an ecologically friendly torch which needs neither battery nor bulb.



The ACE steering group represents seven organisations; Yorebridge Sport Development Association, Yorebridge Education Foundation, Bainbridge Askrigg and West Burton Schools, Low Mill Outdoor Activity Centre, St Oswald's Church, Askrigg Foundation, Askrigg Village Hall and Askrigg Parish Council.

The next step for the project is to select a consultant to carry out the feasibility study.

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## Leyburn Arts and Community Centre

Welcome to the latest update. The building is still in use as the Leyburn and District Community Support Office and volunteers staffing it from **8.30am to 4.00pm** Monday to Saturday. It is pleasing to report that enquiries and requests for help are reducing which reflects the wonderful community support that kicked in to help our friends and neighbours. It is also slightly concerning that this might change if we experience a spike in local cases.

The Arts Centre meanwhile continues to make plans for re-opening, whenever that might be! Kay has had to read so much guidance (which changes constantly!) she has become a walking encyclopaedia of the current situation and how it affects us! Closure has enabled a lot of behind the scenes "stuff" and we are pleased to report the men have not been idle - repairs, improvements and maintenance and even industrial carpet cleaning. We are hoping they might hire out their services in this regard - I'm sure they would be in demand! The Café re-decoration looks splendid and would we think be enhanced by new curtains. If anyone is a

kind volunteer and willing to make some (materials provided) please get in contact for more information...thanks. Many, many thanks as always to these willing volunteers.

As the Friends Scheme came to an end we thought we would try to become more up to date and have now (with help) applied to have a page on Just Giving, a voluntary financial support website for people with money to spare who would like to support us. There will be a link on our webpage, as well as all the usual up to date information on cinema, activities and events, when they happen.

We have had two offers of film sponsorship when we do re-open. As we shall not be able to have as many seats available as usual because of the current social distancing rules, these offers are particularly welcome as it means we can screen a film without incurring a loss.

The gardeners are still working hard to maintain the beautiful garden whether not enough rain or too much. The garden is open during the week for anyone to come and have a look or sit quietly (or noisily, if they feel like singing or screaming) and there are still a few plants available for a donation. Books are still available should you be running out of reading materials and also a few small items from our Little Shop, some at reduced prices.

As always, any support is gratefully received, in whatever capacity. We look forward to seeing everyone again, as soon as circumstances permit. Best wishes from the Directors.

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## Dark Sky Reserve Bid Endorsed

An application for International Dark Sky Reserve status for the Yorkshire Dales National Park has been endorsed by the National Park Authority's board, after research showed the quality of the dark sky in the Dales to be 'exceptional'.

The annual general meeting of the Yorkshire Dales National Park Authority (YDNPA) heard that more than 400 light measurements had been taken at night across 290 locations in the National Park from late 2018 through to early spring this year. More than 100 locations had readings of 21.2mpas (magnitudes per square arcsecond) or more, which is the minimum requirement for a Dark Sky Reserve.

Members of the board agreed that the core area of the Dark Sky Reserve could comprise a large arc of land around but not including Hawes, taking in the upper ends of Swaledale, Rawthey Valley, Garsdale, Littondale and Wharfedale. The core area would cover 30% of the entire National Park.

Members also adopted a Light Management Plan. This contains principles on external lighting which will be given effect in the next Local Plan.

Nick Cotton, the YDNPA's Member Champion for Recreation Management, said "I would like to thank the National Park Authority volunteers who worked alongside members of local astronomy groups to gather the light readings necessary to support our Dark Sky

Reserve application. The dark sky in the National Park has been recognised as one of its special qualities for many years. Now we've got the data to back it up.

Dark Sky Reserve status will help us gain international recognition and preserve the dark sky of the National Park. It has the potential to boost the tourism economy too. On a clear winter's night in the National Park you can see the Milky Way, planets, shooting stars and sometimes even the northern lights. People will come to stay in the National Park for that. Our dark skies festival, run with local businesses, goes from strength to strength and shows the high level of interest amongst visitors and residents alike.

Many Parish Councils have become keen supporters of obtaining Dark Sky Reserve status for the Yorkshire Dales National Park. I would encourage those councils who haven't yet got involved to send in a letter of support, as we need to demonstrate that the reserve bid has strong community support."

The full Authority meeting heard that the aim was to submit the application to the International Dark Sky Association by the end of July. The bid document is currently being finalised with the help of YDMT Consultants Limited and Fiona Southern of Carrock Landscapes Ltd. In February, local businesses led an appeal for people to sign a pledge of support for the bid. So far, 424 of pledges have been signed.

The Yorkshire Dales National Park would become the fourth National Park in England to become a Dark Sky Reserve, after Northumberland, Exmoor and The South Downs. Achieving Dark Sky Reserve status is an objective of the National Park Management Plan 2019 to 2024.

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## Grimm Up North

A former resident of Hawes in the 1980s, David Gatward, has set a new crime novel in Wensleydale.

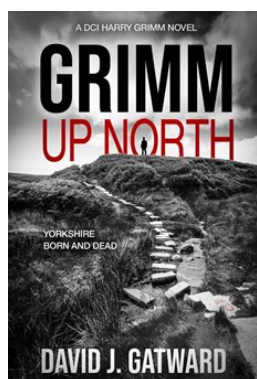
Detective Chief Inspector Harry Grimm is forced to take leave from Bristol's Major Investigations Team when his boss sends him north on secondment. Used to city life and high stress, Harry fears his life will now be spent handing out speeding tickets, finding lost sheep, and directing tourists. But when a local teenager runs away, Harry finds himself pulled into an investigation much worse than anyone could have ever expected.

David recalls how he came to be living in Hawes. "I grew up in large, draughty houses which came with my dad's job, that being a Methodist minister. In 1981, we moved from Gloucestershire to **Hawes, which** was quite a culture shock.

The journey, which had been in a long wheel base Series 3 Land Rover, had taken most of the day. We arrived in the middle of a rainstorm, exhausted, and probably just a little bit grumpy. I was eight years old at the time, my brothers five and one. I have a feeling that all my parents really wanted to do was to get into the house and collapse. However, we were met at the house by the local church leaders, from chapels up and down the dale, who took us through to the kitchen where a meal had been laid out for us. And we had to eat it while they stood around and talked to us. It was a kind gesture, because all they wanted to do was to make us feel welcome. It was also so alien to us that the memory is with me even now.

We spent five years in Hawes. And no, they weren't all sunshine and daffodils and running through fields. But Hawes and the Dales welcomed us and it became our new home. And a rich and splendid one it was, too.

What can I remember specifically, that made it thus? The list is long. Our first winter there



greeted us with snow two feet deep in the garden and across the road. We had a huge vegetable plot in the back garden. Dad bought a few pet lambs, which we kept in the garden, the smell of the powdered milk we had to mix up for them rich and sweet. The scenery was astonishingly beautiful. Greasy Joe's fish and chip shop in town was the best, not least because of the scraps you could have on the chips. Everyone wore Dr Marten boots and listened to heavy metal. Harvest festivals were absolutely fantastic and my mate Dave would always come along to buy grapes when the food was auctioned off afterwards to raise money. Shooting and fishing were a part of most people's lives, including our own. The youth club was epic. The bus journey down dale to Leyburn school was a mix of people smoking, stopping off on the way back at the sweet shop in Aysgarth, and listening to either Elvis or The Beatles, because they were the only two eight-track tapes that Tommy, the bus driver, owned. There were only two other boys my actual age in the local area. You couldn't move for Land Rovers. Sheep covered the fells and most of the kids I knew seemed to want to become farmers, like their parents. It rained a lot and after a storm the water in the house would turn brown. I could go on, but I won't!

So why have I written a crime novel set in this truly magical place? Simple really: I wanted to set it somewhere that I knew and that I loved. And there really is nowhere that I know as well, or love as much, as Wensleydale. It is a wonderful place full of wonderful, friendly people, and throwing Harry Grimm into the middle of it has been the most fun I think I've ever had with writing. And you know what? I cannot wait to find out what happens to him next!

So, finally, thank you for sparing just enough of your valuable, precious time, to join me on the start of what I hope is a wonderful new adventure. The dales are beautiful and I hope that in some small way, as well as giving you a fun little story, I've helped to paint a picture of somewhere you really have to visit. Because you know what? It's not actually grim up north at all, it's beautiful."

David's book, the first of a series, is available from <https://www.amazon.co.uk/Grimm-Up-North-Harry-Crime-ebook/dp/B08CNBZCL6>.

K.D.

**The Railway to Hawes:  
An Update**

Upper Wensleydale Railway (UWR) was informed at the beginning of July that its application to the second round of the "Ideas Fund" for railway re-openings has been received for consideration by the Department for Transport.

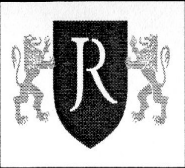
Eagle-eyed UWNL readers will have noticed a flurry of reports on the matter in both the national and regional press. In particular, on July 1st, both The Times and The Yorkshire Post reported an announcement by the Rail Minister, Chris Heaton-Harris MP, that UWR's bid was amongst fifty railway reinstatement projects in England and Wales that will be considered for further investigation by the Department. The UWR project was then featured on the front page of that week's Darlington and Stockton Times with the headline "Hopes rise for Dales rail line to be

reconnected". It should be mentioned that the picture on their front page was taken on a particularly cold afternoon before social distancing became part of daily life.

UWR's application for this award proposes the reinstatement of the six-mile branch line from Garsdale to Hawes to enable through services between Manchester, Blackburn, Clitheroe and Hawes. It may be helpful that a proposal to reintroduce regular services between Clitheroe and Hellifield is one of the ten bids to the first round of the "Ideas Fund" to be selected for further investigation.

**Andrew Longworth**

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## A Fresh Start at Laburnum House

Mark and Stewart, the new owners of the Laburnum House Tea Room and B and B on the Holme in Hawes, are thoroughly enjoying the atmosphere and culture of Hawes and the Dales.

Mark grew up in a National Park, albeit a long way away in Dartmoor, and says the people and scenery in Hawes remind him of his childhood. He left home at 16 and trained as a chef at the Turnberry Hotel and Golf Course in Scotland before joining the Army as a chef age 21. He was posted to Germany and had the responsibility of serving 1,000 army personnel three meals a day, eventually becoming chef in charge of the Officers' Mess. It was whilst he was on a training course at Catterick that he first experienced the Yorkshire Dales. He eventually left the Army Catering Corps as a Senior Non Commissioned Officer after nine years service.

He then took up a post of Catering Manager at a residential college in Putney, London, now part of the University of Surrey Roehampton Campus; became Area Manager of the School Meals Service for four boroughs in South London, and then the General Manager of Food Service at a large corporate restaurant on the South Bank of the River Thames in London.

Having now long forgone his chef's hat and apron for a business suit Mark decided that a change of direction was required and spent the next fifteen years in various roles in public service until 2017.

Stewart's background was in retail furnishing and managing IT networks in the private sector and public service. He and Mark have been together for 18 years now.

In 2017 they decided they had had enough of London life and Mark remembered his experiences in the Yorkshire Dales whilst training with the Army, and thus they decided to look for a business opportunity in this part of the world which eventually resulted in them buying Laburnum House in July 2019.

It is estimated Laburnum House was built in 1749 and has been a Tea Room for nearly thirty years. Mark and Stewart have 'done the place up' as they say with a refurbished kitchen with all mod cons, downstairs toilet and new heating and electricity installations.

They opened the Tea Room for business back in March 2020 and ten days later they had to

close it because of Covid-19!! But they are back open once again, albeit reduced to 50% capacity, offering light lunches and afternoon teas six days a week (closed on Wednesdays). They also provide B&B in three refurbished bedrooms.



They pride themselves on offering good quality local food from sources such as Cocketts Butchers and Bakers, The Home Farmer, the Hawes Creamery, Raydale Preserves and Brown Moor Farm. As Mark says he can trust his suppliers because he shares their commitment to quality with them.

They are keen walkers and cyclists and love tending their terrace garden. The front of Laburnum House is now a treat for sore eyes thanks to the help of Richard Noble and the 'Hawes in Bloom' team. They have even planted a Laburnum Tree next to the front gate, which will be lovingly cared for over the next few years, and planted some beautiful clematis to complement the array of planters and pots.

The Newsletter wishes Mark and Stewart every success with their new business and welcomes them into the community of Hawes.

**B.M.C.**



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## Together for Trees Aims for 40,000 New Trees This Winter

Yorkshire Dales Millennium Trust are gearing up for a big winter of tree planting thanks to players of People's Postcode Lottery.

The Clapham-based charity has supported the planting of nearly 60,000 trees over the last two years as part of its Together for Trees appeal. The campaign aims to plant a further 40,000 this winter to help counteract Britain's contribution to global warming and create woodland that everyone can enjoy – for health, wellbeing, and habitat creation.

Carol Douglas, YDMT Woodland Officer, said: "Last winter we helped to plant more than 23 hectares of new woodland as well as removing redundant plastic tree tubes and general maintenance to mitigate Ash dieback. Already, we are looking forward to a busy winter of tree planting, working with landowners who want to create new woodland, and help us achieve our ambitious Together for Trees appeal target of 100,000 trees. The fact we can help them plant trees is thanks to our superb

supporters and players of People's Postcode Lottery."

Players of People's Postcode Lottery have raised nearly £2.5 million for YDMT since 2009, which has allowed the charity to continue expanding its work to support the people, landscape and wildlife of this special area.

Will Humpington, Climate Change and Environmental Programmes Advisor at People's Postcode Lottery, said "I'm really pleased that the funding raised by players is continuing to help YDMT reach its ambitious tree-planting goals. Creating woodland is so important, for the well-being of people in the area as well as for the environment, so this such important work."

If you are interested in creating new woodland, or want to support the campaign, then visit [together-for-trees.org](http://together-for-trees.org).

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## Prunings

We have had a wonderful succession of yellows on the patio so far this year and it has been very cheering in these unusual times. The Canary Bird rose came first and is still producing an odd bloom. Then came Absolutely Fabulous – peachy shades fading to yellow. Dahlia Bishop of Oxford with its dark foliage and dark centre is a rich golden hue, and now Hypericum “Rose of Sharon” is covering itself with brilliant sunny saucers.

The Calibrachoa in the tubs at the top of the steps has been, to say the least – disappointing, so when I found some gorgeous “non-stop” Begonias in yellow and apricot shades on Richmond market I brought home twenty, and they have filled the tubs to perfection.

Both Sarah Raven and Carol Klein in Garden News have waxed lyrical about “pot combinations”. I have one which seems to be working well: - a pink, low growing Argyranthemum twinned with feathery grey Artemisia “Nana”. My favourite has survived from last year: - White Snapdragons mixed with rich deep orange Osteospermum.

Two of my French Bean pots are looking good, but two were blitzed by slugs. I found some sheep wool pellets and applied those. This seems to have deterred the little blighters, but whether the extra seeds I put in to fill the gaps will grow remains to be seen.

A friend sent me a picture of Spiraea “Anthony Waterer” which she had taken from the Dales down to Watford and then it moved with her to Lincolnshire. It is thriving and has brought her many happy memories of holidays in our wonderful part of the world. I cut the original plant out as it had grown very woody, but I have a smaller pink specimen called Little Princess which is just beautiful at the moment.

One of the more vigorous hardy geraniums has finished its first flush of flowers, so I think a serious haircut is in order. (by the time this is in print I shall have had my unruly locks shorn – what a relief!). The plants however, might just manage another show if I do it now.

I have cut down on the bird feeding temporarily. As a result of the rain at the beginning of July the gravel under the feeders sprouted like an overfilled seed-tray. Weeding it is a thankless task, and as the gravel is full of Niger seed, it will keep on happening. One solution might be to stop feeding Niger seed, but then we would not see the goldfinches. I would welcome any proven solutions to the problem because at the moment I am reduced to crawling about with a grille taped onto the end of the vacuum cleaner pipe. It works up to a point, but is excruciatingly slow.

One of our neighbours gave us some of his first early new potatoes, and we had them for tea. I have never been much good at growing veg, but spuds in the pan on the day they were dug up was something else. Maybe I should rethink my attitude!

Good luck! And whatever you grow, take time to enjoy it.

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### England's First Dedicated Luxury Tourist Train

Since July 20th a new charter train service, operated by Rail Charter Services Ltd, has run a dedicated timetabled tourist service along the iconic Settle to Carlisle railway. Following weeks of restrictions on leisure travel, this new socially distanced first-class charter train service provides the opportunity to experience one of the UK's most historic and scenic rail journeys.

The service provides a bespoke timetabled tourist service to passengers wishing to explore the Settle to Carlisle country, whether visiting the area or local to the region. It runs three times

per day between Skipton, Settle, and non-stop to Appleby. With reclining seats at a private table and large windows for viewing the counties dramatic scenery, guests will travel in style and comfort on this socially distanced excursion. An on-board guide is available to provide a limited commentary as the train passes the many points of interest that punctuate the rail line.

This new provision will run alongside the railways daily diesel service, operated by Northern Trains, to provide additional capacity to the iconic route through the peak post-lockdown period.

Day Return fares start from just £29 per person, or £99 for a family of four.

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## Face Masks

Since July 24th it has been compulsory to wear a face covering when in shops. However, it is important to use a face mask correctly for it to

be effective. Thanks to pharmacist Sachin Tammewar for the following guidance.

### Wearing a mask: Do's and don'ts

 ✓	 ✓	 ✓	 ✓
<b>Do cover nose, mouth and chin</b>	<b>Do pull hair back</b>	<b>Do tie top strap first, then bottom strap</b>	<b>Do keep phones away from mask</b>
 ✗	 ✗	 ✗	 ✗
<b>Don't pull below nose</b>	<b>Don't pull below chin</b>	<b>Don't hang from one ear</b>	<b>Don't hang around neck</b>
 ✗	 ✗	 ✗	 ✗
<b>Don't cross straps</b>	<b>Don't leave straps hanging</b>	<b>Don't wear on forehead</b>	<b>Don't leave hair down</b>
 ✗	 ✗	 ✗	 ✗
<b>Don't touch front of mask after fitting</b>	<b>Don't reach under mask</b>	<b>Don't touch phone to mask</b>	<b>Don't remove mask to talk on the phone</b>
 ✗	 ✗	 ✗	 ✗
<b>Don't drink or eat with mask on</b>	<b>Don't remove mask to cough, sneeze or talk</b>	<b>Don't break top strap first, break bottom first</b>	<b>Don't wear a dirty or wet mask</b>

## Middleham Key Centre

The Key Centre office is open Monday to Thursday from **9.30am to 2.00pm**.

Anyone entering the Centre must use the Hand Sanitiser provided on entering and leaving the building and at all times, you should observe the Government guidance regarding maintaining a distance of one to two metres away from other people. The services we can currently offer are photocopying, internet access, information and collecting recycling boxes and bags if necessary.

'T' in the Afternoon is now being held on Wednesdays at **2.00pm to 3.30pm** in the Richard III Hall.

Coffee Morning is back on Saturday mornings at **10.30am to noon** also in the Richard III Hall.

Both events are set up with tables and chairs one metre apart. Take a seat on arrival and refreshments will be served at your table. Please remain at your table until you leave. Please use the hand sanitiser when entering and exiting the building.

Book Swap is also back, following the same system as being used by bookshops whereby newly donated, returned or rejected books are quarantined. The boxes are clearly labelled.

An amount of office/small business space will be available for rent shortly. Telephone **01969 624002** during office hours or email [office@middlehamkey.co.uk](mailto:office@middlehamkey.co.uk) for further details.

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