

Upper Wensleydale
Newsletter
Issue 124 – April 2007
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Editorial

Can you imagine a hobby horse pulling a band wagon? Don't we just love to be on both! It is so easy to become almost obsessed with one idea, project or interest to the exclusion of almost anything else. It's true at all levels, local, national or international. News broadcasts can be especially annoying as they "do to death" one particular subject. Let's take a few "flavours of the month". (Not to say they aren't vitally important, but we get things out of balance). International:- global warming; national:- terrorism and violence; local:- housing.

Of course we need experts, people who have researched and done years of study in their special field, or who have much experience, and they can be incredibly useful as well as interesting. But how wide is their vision?

A long time ago the 'famous', while being experts in a particular area, were usually also up to date and familiar with other subjects. Christopher Wren, that great architect, didn't begin as such, being a professor of astronomy, but also invented a horse-drawn corn-seed planter, designed a method for making fresh water at sea, experimented with blood transfusions, toyed with navigation and longitude problems and tried to cure smoking chimneys! To think of Isaac Newton only in terms of gravity and a falling apple does him, too, a great disservice. And of course there were hundreds of others.

To turn to public service; time was when our great and good leaders seemed also to have time for, and interests in, the wider cultural life. O.K. the world of politics, economics, war and peace, is maybe more demanding and faster moving than ever before, but all the more reason for 'balance'. Leaders and politicians of the past had great interest and expertise in, for

example, art, music, photography, literature, sailing or sport. Activities that take us out of our obsessions or knock us off our hobby horses, make us see things from other people's points of view, and that really helps in the smooth running and the understanding of any area.

"Issues" or problems rarely exist in isolation; 'local' issues are rarely divorced from national or international, or un-related to each other; whether health, schools, housing, pollution, population, land use, transport, immigration and emigration, tourism, shopping, resources and power. We need to step back sometimes and ask ourselves if we are seeing the whole picture or how one thing affects another. Which leads us to...elections. This May we elect our parish and district councillors. For the best working of an area we need people of wide vision and interests; we need people to represent the whole make-up of the population – older, younger, both sexes, wide range of employment and life-style; those born here and those who bring ideas and experience from elsewhere. But to get this, people have to be prepared to stand. It isn't democracy when so few people stand for parish councils that some are later co-opted. So think about it! Details are on page 24. Then when the time comes, vote for those with a wide and sensitive vision, firmly on the ground, and not riding on the horse or wagon!



Eunice

Eunice was found by **Hannah Cloughton, Brown Paddocks, Askrigg**
Can you find me this month?

11.00am Carperby Green
11.30am Thornton Rust
Noon Thoralby Green
12.25pm Newbiggin
12.55pm West Burton
1.25pm Wensley
1.50pm West Witton
2.15pm Aysgarth for the United Service in the Methodist Church

You are invited to join these processions.

Askrigg Youth Club

Between 20 and 30 young people from all over the upper dale have been coming to Askrigg Youth Club regularly this term, where activities on offer have included cooking most weeks, various arts and crafts, a Valentine disco, an alcohol awareness quiz and, quick cricket, fun with a parachute, and the usual mix of pool, table tennis, football, etc. and socialising that goes on every week at the club.

Coming up in the near future we're hoping for a couple of sessions provided by Connecting Youth Culture, an introductory session on DJ'ing and re-painting the graffiti boards. We're looking forward to the longer nights and will be hosting the annual football tournament after Easter.

Di, Jill & Gareth

Walks with a cross

To commemorate the events of the first Good Friday, two walks of witness will be taking place. As usual members of the churches in the Hawes area will start from Gayle at **10.00am** and with hymns and readings process to Hawes Methodist Church for the service at **11.00am**. This is then followed by a vigil in St. Margaret's **from noon**.

In the villages lower down the dale a similar walk of witness will link in with services taking place.

9.15am Preston under Scar
9.45am Castle Bolton
10.30am Redmire

Competition

Twelve muddled places very near the river Ure in our area:

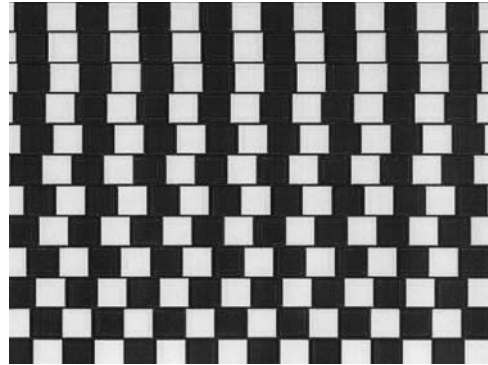
KNOW DRAB SAP COD
PLAIN PALM
OOOOTTSMNBWR
HAWK PO DOLLAR
WILD BOA FELL
WORE FRESH DOODLE
SHELF TO HAMMER
STEALTH PEAS NOW
SAD TAB LINT
COTS MOB TAW
LOAD DROWNS CON
OH YOU SEER

Last month's answers

Boys and girls come out to play
Cock a doodle do
Simple Simon met a pieman
Ding dong bell, pussy's in the well
Georgie Porgie pudding and pie
Goosey Goosey gander
Bye baby Bunting
There was a crooked man
Mary, Mary quite contrary
See saw Margery Daw
Dr Foster went to Gloucester
Lucy Locket
Three little kittens
Hickory dickory dock
Polly put the kettle on
I had a little nut tree
Little Miss Muffet
Rock a bye baby
The grand old Duke of York
Humpty dumpty sat on a wall
The winner was **Kay Ewbank, Morpeth**

The mind's eye

Are all these lines across parallel?



Tower Open Day

**Askrigg, Saturday April 14th
2.00 to 5.00pm**

Anyone interested in bell-ringing and/ or the tower will be welcome during the afternoon, to visit the three floors— ringing chamber, clock room and belfry, and to see the bells being rung.

There could well be an opportunity to have a go at ringing a bell. Children under 14 years of age must be accompanied by a parent. Admission is free. Further details from **650330**

Hawes Market House News

The newly refurbished kitchen is now complete, also with some improvements to the servery. The CCTV security installation is also in place.

Part of the budget has been allocated to advertising the facility to a wider public, aiming to encourage more people to visit Hawes and sample its attractions.

As the M. House has an advertising contract in place with local radio, 'Fresh Radio', local fund-raisers and businesses who wish to advertise an event, sale etc. on this station could find advantageous terms through the Market House. Well-in-advance notice required.

Money still has to be spent on lighting in the main hall which needs up-grading and, following a recent fire inspection, emergency lighting. The final stage of the Lottery spend will be to improve outdoor space for the playgroup.

Shoppers and visitors to Hawes are welcome to use the M. House car park for short stays except on market, craft fair and sale days when it is very full. Long term or overnight parking is not allowed.

Tenders for the Tuesday indoor market and also for the room that was the library are invited by the end of March please. For further information and/or bookings please contact the M.H. Office. **667040**

The Market House Trustees.

Maundy Thursday supper

A fish pie supper with bread and wine will be served in St Oswald's Askrigg on Maundy Thursday at **7.00pm**. After the meal there will be a period of reflection, readings and music plus the usual opportunity of footwashing. Booking is advisable: to Rev. Ann Chapman **650301**

Before I lose my marbles

I lost one – it ran down into the works of the computer – I clicked ‘help’ and it came up ‘Saving Marble’. I nearly found it but then it asked for the password – what can I do?

Dick Blades

Dick Blades lived at Bainbridge; he was a hawker – a hawker (he had to be licensed) sold his wares from a horse-drawn cart; a pedlar carried his goods on foot. Imagine Dick – he had a battered trilby hat with hay seeds in the dimple, waxed moustache waxed ends from cheek to cheek – heavily nicotine stained! Navy serge jacket, stained and going green. White blue striped shirt, stud but no collar. Fustian trouser with traces of horse hair and noisy hob nailed boots.

Dick had a flat cart. A flat boarded area the size of a large dining table with two wheels. (A wagon had four wheels – the front two turning with the horse in the shafts). Dick like all hawkers had a light quiet horse – possible “Gallowa” (Galloway). The cart had a heck at the back on which an unsteady hand had lettered

**RICHARD BLADES
GENERAL DEALER
BAINBRIDGE**

Dick would travel within about a six mile radius of Bainbridge – his calls were unpredictable – you cannot bring customers out to an uncovered cart on a wet day.

What did he sell? Domestic hardware and pottery, pint pots, lading cans, enamelled plates and washing up bowls, posers (dolly sticks) and oak wash tubs to order, dolly blue, cinder baskets and sifters, cast iron fire pans and kettles, fenders, stone and aluminium hot water bottles, flat irons, scouring stone to brighten up the edge of the door step.....and more.

But Dick’s best selling line was chamber pots - in the 20s and 30s very few

properties had indoor loos- so every bedroom had a chamber pot (don’t be embarrassed this is how your grandma lived) and they got knocked, cracked and chipped. So a look out was kept for Dick and his Gallowa.

Dick was called “Po Pot Dick” – but most of the men used the Anglo Saxon version! (You’ll have to ask your English Teacher) On his cart were stacked white and coloured, plain and patterned - they came by rail in huge boxes from Stoke on Trent.

If mother made a purchase it was smuggled indoors wrapped in Darlington and Stockton Times. The old cracked pot was not discarded. It would look good at the top of the stairs holding the aspidistra or father would struggle through the ceiling manhole and put the chipped pot under a cracked slate to catch the raindrops. (Go up and have a look – it might still be there!)

Dick moved on but the horse invariably left a pile of steamed digested oats; this was carefully shovelled up and placed under the gooseberry bush. When I was a boy they told me something came from under the gooseberry bush – I cannot remember what it was – please help

Michael Weatherald

Widdale School - wind and weather

School inspectors and teachers commented on the deficiencies of the premises. The nearby beck was the sole water supply for the school and schoolhouse, and was not on tap. When the beck was low the water failed to enter the conduit to the premises. After heavy rain the filter became blocked with sand.

The schoolroom was heated by an antiquated stove in the centre which an inspector said (in 1905) should be protected by a guard. The stove was replaced, but the flue became blocked on several occasions over the years, filling the room with smoke. In the coldest weather when the caretaker was late in lighting the fire, and when the coal supply was poor and scanty after the Great War, the children had to keep their outdoor coats on and were sometimes sent home early because of the cold. One January day when the outdoor temperature was 13 F (-11 C) it was only 51 F (11 C) indoors. In cold weather children warmed their tea by putting cans on the stove. This once led to a scalding accident. The Mistress applied camphor ice to the injured boy's face.

Only one window opened to give ventilation and that was near the boys' privy which in 1904 abutted the outside wall. An infestation of rats in both the house and the school was dealt with in 1905. Schoolchildrens' clothing had been gnawed.

Because the room did double duty as school and chapel, there was very little space for the desks, until benches and the platform were finally stored in an outbuilding.

From 1916 to 1923 the Mistresses often complained about unsatisfactory cleaning and fire-lighting arrangements. In October 1916 Miss Lomas wrote: *'Owing to the*

distance the cleaner has to come in a morning [from High Houses] I have consented to allow my maid, Jane Bell, to make the fire and dust the room, but nothing else.'

School attendance was affected most by the weather, which is hardly surprising in an area rising to about 1000 feet. The School Log contains hundreds of entries recording low or nil attendance because of weather variously described as very wet, very rough, stormy, wild and terrible. A hurricane kept all the children away, or it rained and snowed the whole week. Snowstorms and deep snow cut attendance. Roads and field paths were blocked by snow or floods.

1907 Feb. 15. 'A very wintry week. No children from up Dale as snow blocked the roads.'

1911 Feb. 28. 'Terrible weather. 5 present. Some children walk over 3 miles.'

1913 Dec. 3. 'Terrific wind and rain. Thomas Johnson only. Sent him home at noon.'

1914 Nov. 13 'No children a.m. Thos. Johnson in afternoon. Big storm raged all night and nearly all day. There is much water on the fields and pastures and on the road.'

1915 Mar. 19 'No children. Furious snow-storm last evening and through the night. There are deep drifts.'

1917 Jan. 8 'Terrific storm raging. The postman says it is very quiet here compared to what it is at Widdale Head where there are drifts over 6 feet deep. No children today.'

Despite such conditions the children were hardy and not easily daunted.

On April 2 'Deep snow lies. Snow falling all day. 6 children came. Laura Sunter, Cowhill, came though drift up to her waist.'

1926 Dec. 16 'Very stormy morning. All children except one present. Those with wet stockings changed and had them dried.'



Even in the summer months bad weather affected attendance. In **1912 Aug 26** 'Stormy all day. Only two scholars - James and Nancy Sunter from Redshaw.'

1930 Apr. 4 'Very wild morning and very snowy. Only 4 children in the morning, 11 in the afternoon. Register not marked.'

Jean Day

(To be continued.)

Swaledale Festival

This year's Festival runs from **May 26th to June 10th** with performances by local children, local bands and the usual impressive list of visiting musicians. And actors. There are music workshops and story-telling sessions.

The Festival programme is available on our website, www.swaledale-festival.org.uk, and tickets can be ordered online or by ringing the box-office, **01748 880019**, from **13 April**.

Mystery picture.

Last month's (easy), was Bainbridge Stocks



Happy 1st birthday Ginger Tree!

Carol and Kathy would like to thank everyone who has supported our business over the last 12 months. We'll be hosting an Open Day on **Friday March 30th**. Call in for a drink and take advantage of our birthday special offers. Call **667449**

**Support for the Air Ambulance
via Hawes W.I.**

A big 'thank you' to all those ladies who responded to my appeal for bras. To date I have received 111 and there are still some to come in. They will all go to deserving people and the money raised will help our Air Ambulance. Thank you to everyone and especially to Linda and Stephen at the Post Office.

Jane Macintosh

Newsletter accounts 2006-07

Income

Balance b/f	9771.31
Donations and postal subs.	455.00
Collecting boxes	2077.58
Adverts	6055.00
Interest	193.78
	18552.67

Expenditure

Production costs	2224.07
Committee expenses/ honoraria	1209.69
Software/ computer servicing	780.00
Office rental	240.00
Donations and distribution costs	3378.13
Prizes	155.00
Printer maintenance	577.06
Bursary student	250.00
Book and equipment awards	120.00
Balance c/f	9618.72
	18552.67

Book event

It's that time of year again!! The spring books and coffee event at the Quaker Meeting House in Bainbridge takes place on **Saturday, April 28th from 10.00am to noon**. As usual, bring books, tapes, cds in advance to Judy Nicholls in Askrigg or Sylvia Crookes in Bainbridge, or, even better, on Friday 27th to the Meeting House And if you must, on the day!! It's easier if we have them in advance, so we can sort them out for our customers. Proceeds will be in support of Bainside Arts.

Audited and found correct

Barry Wilcox March 2007

Income has remained about the same as last year; there has been a healthy increase in the income from boxes and a slight decrease in advertising. The local donations we have been able to give in response to requests are:

Wensleydale School for art and computing equipment	£ 1000
Market House, Hawes	1000
Dalesplay	500
Resources centre, bookpod	323
David Pointon, Gambia project	250
St Andrew's flower festival	50
Thornton Rust Mission room	50
Upper Dales Christmas Lights	25
	P.H.J.

“Charity Begins At Home”

Staff from Save the Children UK recently spent 10 days at the Jonas Centre running a "Field Training" course in conjunction with Armadillo, a specialist security and training company based in Middleham.

This course was the culmination of a programme to train emergency aid workers. During the stay, students were put through their paces by the Armadillo Staff on a variety of tasks including security, first aid, navigation and programme planning. High quality teaching based at the Jonas Centre and Bolton Castle, was combined with practical exercises whilst students worked through emergency scenarios in the fictitious land of Yorkesia! Long hours, little sleep and limited food added to the sense of emergency that was engendered throughout the whole exercise.

The course provided the students an opportunity to learn new skills, practise in a controlled environment and gather a better understanding of the environment that they will be deployed into by Save the Children. At the same time they were able to enjoy the delights (and weather!) of the Dales whilst being extremely well looked after by the staff of the comfortable Jonas Centre. Plans are being formulated for a similar event in September this year.

Simon Eastwood, Jonas Centre, Redmire

BIB babies

A recent survey of 4,000 mums, carried out by a well-known supermarket, concluded that only 24% of mums breastfed exclusively for the first six months of their baby's life. 53% of those who began breastfeeding, made the change to bottle-feeding because of difficulties experienced breastfeeding. These figures show that breastfeeding doesn't always come naturally either to mum or to baby. BIB Babies aim is to help and support those mums who would

like to continue breastfeeding even when they experience problems.

We feel that mums should feel comfortable with however they decide to feed their baby. Giving up breastfeeding before you feel ready can be a heart-wrenching decision, especially if you are pressured to do so, from work commitments, pressure from relatives or from health professionals etc.

We meet regularly - **Monday mornings, 10.30-11.30am**, at Dalesplay in Hawes. Our meetings are informal and friendly. We also hold once a month information sessions, led by Joyce Thorpe, a La Leche League Breastfeeding Counsellor.

For More information, **contact Charlotte Sowerby on 667728**. (Please note: we will not be meeting on Easter Monday as Dalesplay is closed, however we are always willing to help out on the phone if you are having problems or need some support.)

White Continent

Hawes W. I. had a special treat in February when Janet Thomson of Thornton Rust spoke on 'Working in Antarctica'. Her talk was illustrated with spectacular slides of the Antarctic Peninsula which she took over the course of about 25 years.

She told how after graduation she worked for 12 years as a geologist with the British Antarctic Survey in Cambridge. Volcanic rocks were her particular interest. At that time the British did not permit women to join their research teams in the Antarctic. Janet's longed-for opportunity came when an American male team invited her to join their expedition in the 1970s.

The Americans were good at not making gender distinctions in tasks allotted, though Janet was always conscious that any mistakes she made might be blamed on her sex. Her slides showed survival techniques, modes of travel on land and sea, and what it was like to camp in tents for two months at a time in variable weather conditions. Physical stamina and courage were obviously vital. Shots of species of seal, penguin and other birds delighted us, but it was the majesty and pure beauty of the Antarctic snow, land and icescapes that particularly impressed. One type of sea-ice formation produces tray-like discs of ice similar to the huge leaves of the Victoria water-lilies at Kew Gardens.

The chance to work with scientists of many different nationalities was an enriching experience. Janet's last project was to supervise the team mapping the geology of the 900 mile long Antarctic Peninsula.

The number of questions asked was evidence of the lively interest the talk had captured. Jane Macintosh thanked Janet on behalf of us all for a fascinating talk and the pleasure of seeing such majestic and beautiful scenery.

Jean Day

Leopards, Spots and Easter

On a recent news broadcast, there was much excitement about the discovery of a new species of leopard in Borneo. The markings on the animal were distinctly different from a "normal" leopard. The newscaster prepared the viewers to expect something different by saying, "Can a leopard change its spots?". In a sense, it had. We know, of course, that the phrase is not referring to the animal at all, but to a person – and usually in a negative way.

When someone uses that phrase of another person, they are saying in effect that there is something wrong with that person's actions or character and that any change that that person has taken to rectify the defects is only superficial. In reality they have not changed at all. The implication is that no one can change and that we all just have to live with who we are- and who others are- warts and all!

There is much evidence around to support this view. We humans seem adept at running from one crisis to another and at times, whatever we undertake to do with the best of intentions, ends up being spoilt with our own selfishness. Abandon all hope then?!

No. Because Easter stands as a sign that change is possible. And possible at the deepest levels of existence. Jesus showed by his giving of himself to the point of death, that the way of unconditional love was what wins through, hence the resurrection.

He firmly believed that all "leopards" can "change their spots" The Easter challenge to all, is to dare to live by the same principle of unconditional love, and witness the change at the very heart of our existence and, the resurrection of hope for the world.

Happy Easter
Rev. Henry Dubois

Dalesplay

April dates for the Diary

Ring-a-Ring-a-Rosi's Music sessions are coming to Dalesplay!

Mrs Keatinge is attending Dalesplay to run music workshops for babies plus.

Please come along the next dates are as follows: **2nd, 16th and 30th**. They are on a Monday morning from 10 – 11.00am.

The cost is only £3.50 per child.

We have invited Playgroup and Nursery to come along too. Parents/Carers are most welcome to stay and join in the fun.

2nd – 13th Easter Holidays

A range of art and craft activities, play and games will be provided and will be based on the theme 'Easter'. A timetable of events will be available, please ask.

Month by month future dates will be given in the Newsletter, but contact Dalesplay if you need more advance details.

The Variety Club Sunshine Coach

Our mini bus is set to travel the roads of Upper Wensleydale shortly. It was kindly donated by the Variety Club; it is a 13-seater with a tail lift. Booster seats are provided.

Our aim is to take your child to their education setting for the day and/or return them at the end of their session to arrive back to Dalesplay. We will be available to pick up/drop off from Bainbridge, Askrigg and West Burton but you must book in advance.

Our newly appointed driver is Walter Head, and we welcome him to the staff of Dalesplay.

Our Information and Prospectus Pack will be available for you to view and retain for your information. If you would like to register your child please feel free to contact Di or Lou who can guide you through

this process.

Wensleydale wander

This 22 or 12 mile charity challenge walk takes place on **Saturday, April 21st between 9.00am and 5.00pm** from Wensleydale School, and takes in Redmire, Bolton Hall, West Witton and Spennithorne. For details please phone **624368**





Well-known and much-loved Florence Squires was joined by many friends to celebrate her 100th birthday at Sycamore Hall where she is now a resident.

Wensleydale Duke of Edinburgh Award Unit at Askrigg

This has been meeting on Tuesday nights since the start of the spring term. 16 young people are working towards their bronze award this year. They are in the middle of the expedition training programme where they are learning the skills they need to look after themselves on overnight camping and walking expeditions, including navigation skills, camp cooking, first aid and how to deal with emergencies. This is all leading to the participants taking part in two expeditions in April and May, for which they have to plan their own routes. The group so far has taken part in night

navigation sessions, a navigation training exercise based around Harkerside in Swaledale, and an overnight training session based around lower Wensleydale, where they endured all sorts of weather conditions from sunshine to snow.

Towards the end of the summer term we will be setting the ball rolling, finding participants for next years group. The scheme is available to anybody who will be in year 10 next year (there are also possibilities for those in the couple of years above who might have missed out with the bronze scheme - you just need to ask Gareth or Heather), so if you're interested look out for the information which will be coming your way.

Kate, Heather and Gareth

Concern over cost of new legislation

Officers at the Yorkshire Dales National Park have expressed concern over the draft legislation currently being prepared at the European Headquarters in Brussels regarding standardisation of the provision of tourist facilities within all National Parks in the E.U.

In particular the section covering 'Stiles and Wall/Fence crossings' proposes that all stiles in National Parks should be based on three approved types;- the ladder stile, the gate stile and the gap stile. For each type the legislation provides guidance on how the stiles should be constructed and the size and position of any steps that are integral to them. The purpose of the legislation is to ensure that Park Authorities cannot be sued by visitors who injure themselves whilst negotiating 'unapproved stiles'.

Having checked the build specifications against a cross-section of the Park's database officers believe that possibly more than 50 of existing stiles will NOT meet the new EU legislation criteria. "We understand that the EU will require that all stiles be brought up to the required standard by the end of 2010", said a Parks officer, "We estimate that the cost of doing this in the Yorkshire Dales could exceed £1 million, and we just do not have this level of funding in our budget".

"We obviously hope that the British Government will provide us with additional funding to meet this cost but we understand that there is a feeling within the Treasury that some of the costs should be met by the stile users - a levy on walkers, so to speak"

"It is possible, therefore, that we might have to get our Park Rangers and Volunteers to stand on popular footpaths with

collecting tins and seek 'donations' of say a £1 from every walker using certain stiles"

"Whilst we do not wish to do this, the prospect of having to close off any unapproved stiles with barbed wire by 2011 is equally unsatisfactory. For this reason we are asking the public if they would be willing to sign a petition expressing objection to the proposed legislation that we will submit to our Euro MP."

Annabel's house

This super scraperboard picture of her house is by **Annabel Civil**, age 8, done at school in class 2. Thanks, Annabel.



ing and if readers would like to help, they might like to consider:

Sponsoring an Organ Pipe. The organ has 261 pipes and individual pipes can be sponsored at £20 each. All sponsors will have their names entered into the Organ Book, and be invited to attend the inaugural concert in June

Making a direct donation. All gifts will be very gratefully received. Please contact us, or pay directly into the Organ Fund account at the HSBC Bank in Hawes, sort code 40 23 23 , account 71391062.

**Michael Blanch, Strands , Simonstone,
Hawes, DL8 3LY**

667573

A New Pipe Organ for St Mary and St John Church, Hardraw

The Methodist Circuit have very generously donated a splendid pipe organ from the closed Methodist Chapel in West Witton, to St Mary and St John Church Hardraw. The organ was built by H S Vincent of Sunderland in 1955. It has three ranks of pipes, it is exceedingly well made and in very good condition.

Hardraw Church, built by Lord Wharnccliffe in 1880, has never had an installed organ, but relied upon an American harmonium donated in 1902, and now very much "on its last legs"! The congregation is growing, the church is much used for weddings, and with a new organ the church has the capacity to host concerts alongside the Hardraw festivals.

The church hopes to commission the work of removal and installation of the organ in May. The overall cost of the project including VAT will be £5800. The Parochial Church Council will be able to contribute £2000 but urgently needs to raise **£3800**. We are now actively fundrais-

Exercise – The easy way

With all the snow around at the moment, opportunities to get outside and get active are scarce and how many people really want to exert themselves when the weather outside is less than cheerful. However most of us would admit to needing to do a bit more exercise, something that is hard to find time for in our busy lives. For many people the gym seems like a terrifying place where only the super fit and super rich go; this is not entirely so as many gyms have inclusion programmes which make the gym accessible for all types of people of all ages.

But there are many other ways to get active than going to the gym; taking a gentle walk (when it's not snowing of course) can help to elevate the heart rate and burn some calories. Better still take the dog for a walk so it can reap the benefits too. Or if going outside at this time of year isn't your thing then housework is another good form of exercise – hoovering the living room burns several calories and reaching to dust those hard to reach places can help tone your muscles. It's not all about treadmills and pumping weights, little changes can make a big difference.

It is proven that thirty minutes gentle exercise a day can help keep you healthy and can also help alleviate fatigue; I certainly find that after some good exercise I don't feel tired at all, in fact I feel more awake than ever. Exercise can aid weight loss and help to keep joints and muscles supple which is especially important as a person gets older.

Still not convinced? Why not try a new sport or activity like table tennis or ice skating? There are many activities which can be done indoors which allow you to get active and meet new people at the same time, if you look in your phonebook or

yellow pages you are sure to find something to suit you which is not too far from your home. The Dales has many sporting clubs dotted around who meet up weekly or even more often to get active whilst having fun at the same time.

Even if club sports aren't your thing and you would rather watch TV than go for a walk, there are still things you can do in your arm chair which can help to get you into the habit of being more active, even the simplest of items; a can of soup can be used to lift whilst you are watching Coronation Street! Dancing to music in your bedroom is a great way to get active and nobody even has to see you, you can go wild and jump around and you will be having so much fun that you won't even realise that you are doing exercise.

So no matter what kind of person you are, there is a way for you to improve your health by making small changes to do more activity, even if you choose to do it in the comfort of your own home; exercise is essential but it doesn't have to be a chore. Go on try it, I can guarantee that if you find the right way to get active for you, you will not only enjoy yourself but feel better for it too and that can't be a bad thing can it?

Belinda Bond, Bursary Student

Yorebridge Sport & Fitness News

Easter Holiday

Football Coaching

Yorebridge S&F are working in partnership with Leeds United Football in the Community to increase the level of Football provision in the Wensleydale area. We are now delighted to announce that Leeds United will be delivering the first of their coaching courses on **Friday, April 6th, from 10.00am – 3.30pm**

The course is open to boys and girls aged 5-12 years of varying experience and will cost £22.00 per child, which includes quality coaching, certificate, a chance to win a medal, competitions and a free gift! The course will take place at Yorebridge, Askrigg, both on the Multi Use Games Area (MUGA) and the grassed pitches.

In addition, Yorebridge S&F will be delivering their regular Football Coaching course, run by F.A. qualified coaches on **Wednesday April 11th, from 10.00am – 1.00pm**. Same venue, same age-group with a cost of £9.00 per child.

Gym and Fitness Club

Anyone wishing to improve their general fitness should join our Gym and Fitness Club, open **Monday, Wednesday and Thursday from 8.00am-9.00pm**. Our team of friendly staff are available to discuss your requirements and help you get started. In addition to the Gym there are several Fitness and Dance Classes taking place every week, including Gentle Exercise, Yoga, Line Dancing, Aerobics, Circuit Training and Step Aerobics.

Wensleydale 5-A-Side Football League

Congratulations go out to Middleham Town F.C. who won the 2006-2007 Wensleydale 5-A-Side Football League.

Thanks go out to all 6 teams from across Wensleydale that took part. . A new league will commence in May and teams can be entered from local pubs, teams or groups of friends. For more information please on any of the above **contact Richard Shuffleton or Lesley Williams on 650060; 07968 606571** or



Heavens above



After March's spectacular lunar eclipse it's the turn this month for the planet Venus to steal the show. Throughout April (and well on into the spring and summer) the brightest of all the planets will be a brilliant object in the evening sky. It's visible in the north-west for over 4 hours after sunset by the end of the month, brighter than anything else in the sky apart from the Sun and Moon.

Venus is the second planet out from the Sun and is similar in size and mass to our own Earth. In other respects, however, it couldn't be more different. Its 'day' for instance, is longer than its 'year' as it takes over 224 earth-days to orbit the sun but 243 to turn just once on its axis. And if you sometimes get fed-up of the seemingly endless grey and cloudy winter skies we get in the Upper Dales - stop moaning - on Venus it's always cloudy and what's worse the clouds are made up of a deadly mixture of carbon dioxide and concentrated sulphuric acid. On top of that the atmosphere is 100 times denser than our own, and the temperature at ground level is a blistering 400°C. Talk about the planet from Hell!

On April 19th the thin crescent Moon and Venus will be quite close together in the evening sky just south of the Pleiades star cluster - a beautiful sight in the gathering darkness and a good photographic opportunity for camera enthusiasts. If you're out and about keep your eyes peeled for shooting stars. The annual Lyrid shower is active between April 16th -25th so there's a good chance of seeing one of these swift meteors which in a good year can average 10-20 an hour. Have clear skies!

Al Bireo

(A few brave souls watched last month's eclipse from the icy wastes of Gayle,

fortified against the cold by a good hot layer of Janet Jackson's 'new-recipe' garlic bread. Thanks a lot Janet - well worth the wait!)

YSDA benefits

I have just received the cheque for £75 from recycling cartridges, toners and mobile phones for Yorebridge Sports and Development Association. Keep them coming in. Collection points at the Community Office in Hawes, Bainbridge PO and Sykes Country Store in Askrigg.

Kate Empsall

Newsletter Annual Report

At the risk of being repetitive or even boring, I have to say that the past year has been another very satisfactory one in every respect. As Tony Philpott moved down south we were most grateful that Rima Berry had re-joined the committee and has taken over the compilation of the final proof copies.

As we have been in existence so long it has been possible this year to tighten up some of our activities; the list of people receiving the Newsletter by post (either as a complimentary copy or by subscription) has been completely updated with a standardised renewal date; the recording of our advertisers and their payments and the checking of their details has been improved; and a thorough checking-list for the setting out of the Newsletter with our standards of presentation has been prepared and circulated to all concerned.

The number of contributors of articles continues well. We thanked and rewarded "Peduncle" for a long stint writing the gardening notes and were delighted that a replacement in "Ed Gardener" was soon forthcoming. Other regulars or 'periodics' continue. Front cover drawings remain of a high quality, but some photographs do not reproduce well and we have asked for clearer originals.

Proof reading is of a high standard, supplemented by a thorough look at the layout and the adverts, and our team of office slaves and distributors works with its usual under-paid (strictly zero-paid) rude banter.

Chief printer Peter Wood is relied on heavily and has this year volunteered to produce a complete archive of all main newsletter articles, starting with the present issues and gradually going back to 1995. This is coming on well. Barry Wilcox continues to audit and to upload the Newsletter (without adverts) on to the

web. This is looking good. We thank them all very much. Including committee members this means over 120 people are involved in some way with the Newsletter. This, together with the invaluable support of our advertisers, is its strength.

Committee meetings are held before each issue and every aspect of the work is understudied so that absences for holidays etc. do not cause a real problem. We are saying farewell and a big thank you to Pam Robinson, main features writer, who has been with us for over nine years; Alastair Macintosh has been with us nearly a year now, and we welcome Barry Cruickshanks who has now joined the committee. Another bursary student, Belinda Bond, continues the excellent high quality of her predecessors.

However, we can't stand still and while keeping to our well-tried format and eagerly awaited issues we must be open to new articles, features or reports, and continue to be a major resource in the area for information, education and entertainment.

A.S.W.

April on the Wensleydale Railway

Wensleydale Railway timetables for the whole of 2007 are now available, with many special events and activities listed. Train services run every day from April 1st – 15th, as well as Saturday and Sunday April 21st/22nd and 28th/29th.

There are two Guided Walks from the railway in April. On Sunday April 1st there is a 5-6 mile Springtime Guided Walk, starting from Redmire station at 11.30am. The walk on April 12 is a Leyburn Circular, starting from Leyburn station at 11.20am.

On Good Friday April 6th, in addition to the regular timetable, an Early Bird train connects with shuttle buses from Leyburn to Middleham Stables for the morning's Open Event. Wensleydale Railway has also arranged a special 'Sport of Kings' excursion to Middleham for a private visit to one of the stables on Friday April 20th (booking essential for this event, **tel: 08454 50 54 74**).

The Driver Experience courses are now well-established, having been launched on regional television some weeks ago by tutor Peter Guy (Muker) and participants Caroline Gardner (Swinithwaite), Anne Guy (Bishopdale) and Liz Lawson (Hawes).

Looking ahead, the first bookings have already been received for the Day Out With Thomas event (June 9/10th), including one from Australia! Details are on the website www.wensleydalerrailway.com or phone for a copy of the timetables. Book and pay by May 14th to claim an Early Booking discount.

Ruth Annison

Spring charity concert

The East Witton Male Voice Choir gives its Spring charity concert on **Wednesday, April 25th at 7.30 pm**, in the Leyburn Methodist Hall. Admission is free— there will be a collection for the Alzheimer's Society.

HAWES SCHOOL NEWS

Comic Relief Day

The children decided they would like a theme for dressing up and came up with 'Cowboys and Indians'. We also held a cake stall at break times and the total money raised is £93.75, some of which is going to help the Sumatran Tigers who are on the verge of extinction. Below is what some of the children thought about it.

Red Nose Day

On red nose day we all dressed up as cowboys, cowgirls and Indians. We had to donate 50p if we dressed up and £1 if we came in non uniform. We are raising more money by having a bun stall. We all had a great time and we hope that we have raised enough money for Children in need.

Emma Shaw

Red nose day

On red nose day Mrs Wood-year let us dress up as cowboys, cowgirls and Indians, we had to give 50p for children in need, and we are having a cake stall every day. We had an excellent day and hope it happens again next year

Jenna Allen

The Sumatran Tigers

Hunters are poaching the Sumatran tigers for their skin. There are less than 400 left in the wild.

There are already 4 kinds of tigers extinct. Chinese people hunt Sumatran tigers for their skin and their whiskers, because they think a whisker of a Sumatran tiger will not make them die. One of the Sumatran tigers was in a trap for 3 days; she tried to chew off her leg to get free. So I say that we give money to save the Sumatran tigers.

Stephanie Barnes

Tesco Computers for Schools

Please can we remind you to save your Tesco tokens for Hawes School. We would also be grateful of branded ink and laser cartridges (not compatible ones) and old mobile phones. Please hand them into school as we receive tokens for computer equipment for them. Thank you for your support.

Class 3 Trip to Settlebeck

On Monday 12th March Class 3 went to Settlebeck High School to walk the Howgills for an experiment on Global Warming and Climate change and what effect it has on plants. We also got to work with the Year 7s who moved up from our school last year. We all enjoyed it very much and we are going again.

Ruby Sunter



Local elections

District and parish elections take place this year. Here are some details for possible candidates:

Nominations for the District have to be proposed, seconded and then supported by eight assessors; for Parish, just a proposer and seconder.

The lower age limit is now **18**, not 21, and there is no upper age limit. For the parish, the nominee has to live in, or within 3 miles as the crow flies from the parish in question; for the district, anywhere within it. There are, of course, disqualifications (take bankruptcy for example).

District councillors receive a basic allowance of , at present, £2840 per year (set by an independent panel of three people) plus expenses and payment for special responsibilities.

But the most important thing is this: if you want to be nominated or to nominate, the papers must be in to the District by **noon on Wednesday April 4th.** Let's make sure we have more than enough!

A.S.W.

Hardraw church pipe organ

A social evening will be held at the church on **Saturday, April 28th at 7.30pm** with wine, cheese and fruit cake, and a concert by the **Dalesfolk**.

Admittance is free but donations will be requested to raise funds for the installation of a pipe organ in the church.

Increasing Opportunities

At Carperby Village Hall, on **April 2nd** from 6.30 to 8.30 pm there is a funding fayre, with advice on filling in forms and finding funding for community projects. Isobel Hall from the Yorkshire Dales Millennium Trust will be there for the first hour to answer questions about the grants available from their organisation. Why not come along and meet the funder?

Refreshments available. For details of this and other events call **650980**.

All in a word

You've seen one a bit like the one below before; quite amazing.
And we agonise over our proof reading!

I cdnuolt blveiee taht I cluod aulacitly uesdnatnrd waht I was rdanieg
The phaonmneal pweor of the hmuan mnid! Aoccdrnig to a rscheearch at
Cmabrigde Uinervtisy, it deosn't mtttaer inwaht oredr the ltteers in a wrod are,
the olny iprmoatnt tihng is taht the frist and lsat ltteer be in the rghit pclae. The
rset can be a taotl mses and you can sitll raed it wouthit a porbelm. Tihs is
bcuseae the huamn mnid deos not raed ervey lteter by istlef, but the wrod as a
wlohe. Amzanig huh? Yaeh, and I awlyas thought slpeling was ipmorantt.

Don't forget that
you can pay your TV
Licence through
PayPoint at the
office in the
Neukin, Hawes,
and your elec-
tricity key, mo-
bile phones,
utility bills and
all manner of
things. You
give us the cash

and your bill is paid - just like that!

Community Office News

We were happy to receive £250 from the Licensed Victuallers towards our Tea Dance Scheme and we are progressing well with finding funding for 'Dales Harvest' on September 22nd and 23rd. Plans are going ahead with Mick Rhodes as our event organiser. We are keen to locate anyone who is a qualified First Aider and who would be willing to volunteer some time.

We are also looking for someone to deliver our SkillShare leaflets to households in Hawes once a month (for a small remuneration). In April we will have Skill Share Sessions in:

Using MS Publisher; Enjoy a novel; Get by in French; Blogging; SKYPE; You Tube; Digital Photography; Making Cards; Woodturning; Google Earth and anything else you would like us to do... each session costs £5. Phone **667400** for times and dates. We can also offer Learn Direct courses and if you complete one of the basic skills courses before the end of April you can get a Tesco voucher for £25! Don't forget - you can take a Lap Top home with you to practise your new skills at home.

We have a new notice board for job vacancies and courses thanks to the Area Committee.

We have just been re-awarded the Duke of York's Community Initiative Award.

We have a supply of Hippos (a FREE water saving device to place in the cistern of your WC) and FREE recycle bins. Hurry to collect them while stocks last.

Pat West

Christian Aid Week

SUNDAY MAY 13th TO SATURDAY MAY 19th
Britain's longest-running door-to-door fund-raising week, turns 50 this year! Back in 1957, the first Christian Aid Week mobilised residents in 200 towns and villages across the UK, collecting £26,000. Half a century later Christian Aid hopes to draw on around 300,000 volunteers to raise £15.5 million during fundraising week.

The Director of Christian Aid, Daleep Mukarji says "The world has changed significantly in the past 50 years. Little did we know in 1957 that we would be facing the problem of climate change which is destroying the lives of thousands of vulnerable people across the world"

More details of the local events will be in next months Newsletter but if you would like to help with collecting in Hawes or Gayle (there are 2 or 3 areas without a collector at the moment) please contact

Linda Butters at Hawes 667662.

Cricket news

The AGM of Hawes Cricket Club was held on February 28th in the White Hart. Steve Raw will once again captain the team for this year's forthcoming fixtures—



the first one being an away game at Thorp Perrow on May 20th. Louise Raw will do the teas, Carole Bell organise the Juniors and Dave Raw and Tim Prudham are to prepare the ground. However prior to the first game there is to be a **Groundwork day on Sunday, April 15th** when hopefully players and helpers will meet at the ground at 10.30am to ensure that any work on the ground and in the pavilion is done in readiness for the season.

It is nearly three years since the death of the club's great stalwart Jimmy Gregson and his passing has made the rest of us who endeavour to keep the club afloat realise the tremendous contribution Jimmy made to the Club over so many years. The club together with friends has recently purchased and placed a headstone on Jimmy's grave in Bainbridge cemetery. If any person or organisation wishes to make a contribution towards this headstone in Jimmy's memory please contact Club Chairman Andrew Pratt at the Auction Mart.

Sadly there is someone in the community who hasn't the same respect for Jimmy as the club has, for a tree which was donated by one of our visiting teams from Liverpool in Jimmy's memory and planted at the ground has been pulled out of the ground and destroyed. The tree had become well established in the past couple of years so it wouldn't have been an easy job to do such a wilful thing and there was a brass plaque in the ground with it explaining why it was there. Why do people do it? However it will be replaced

and we look forward to the season with renewed spirit and hopefully the younger players will become established in the team for many years to come.

Raye Wilkinson



Turf wars

I've found out the hard way that if, in spring, you treat a moss-infested lawn with a granular weed and feed mix, the resulting mess can bear a passing resemblance, in both looks and appearance, to burnt toast. Two years ago, I gave a friend's lawn this heavy-handed treatment, and what with the ensuing scorched grass and fried dead moss, a lawsuit was only narrowly avoided. Only after repeated raking, followed by reseeding and constant watering through to September, was the lawn restored. Radical treatment like this requires you to hold your nerve - recovery is both painstaking and gradual. Autumn and her steady, warm showers are the best plant doctor, and if greenery can be nursed through to these shorter days, the job is nicely taken out of your hands.

Controlling moss without chemicals involves hard labour; repeated, springtime scarifying with a leaf rake, top-dressing then reseeding helps to avoid the 'toasting' effect and will save on expensive chemicals. I top-dress with 50% fine topsoil mixed with 50% dry sharp sand. If you can't find topsoil use a bag of general purpose compost - it has the same effect and is easier to handle. Distribute the mixture in regular heaps over the lawn then lightly rake in until it has filtered down and disappeared. It provides a good base for seeding and also nourishes the existing grass.

Improving lawn drainage by aerating the area in late winter can tackle the moss problem at source. It's energetic work, using a garden fork every couple of feet, working in the prongs as far as they will go, then back-filling with dry sharp sand. Give yourself plenty of time for this job - it's about as much fun as synchronized swimming. It also helps to set your mower

a half inch higher and cut more frequently during summer. We fellahs love to give a lawn a number 1 haircut as a proof of job well done but this leads to scalped areas which will be rapidly colonised by moss.

I wind down the lawn year with an October feed, formulated to strengthen roots rather than anything above ground. This also checks weeds and provides fuel for the early growth the following year. While you might not be mowing on New Year's Day it will necessitate a February/March cut. Here we go, planning ahead again...

Ed Gardener

B and D Rally report

The new season started off with a Motoring Quiz in February. This was organised by Ian Betteridge and all who attended had an enjoyable evening. Thanks to Ian for organising this.

A "Table Top Rally" took place on the 14th March and this was very different from our usual "Table Tops". It was more of a Fun Evening, which consisted of playing games. 1. Scalextric, with one Red Porsche and one Silver Audi racing against each other, with the Audi being the favourite... The champion controller of this was Tristan Prudden who just nipped ahead of his Dad on the last circuit. 2. Play Station, with Starsky and Hutch being the main characters, one person was in charge of the steering wheel, accelerator and brake pedals and the other person in charge of shooting everything that moved. This was great fun but there were a lot of casualties! 3. Sega Mega Drive, which involved up to 4 micro machines racing against each other, again there seemed to be a lot of accidents!! The whole evening was very enjoyable and was attended by approx 20 people.

The first outdoor rally, Ladies and members, is to be held on **April 18th** and is being organised by Harry Balderston and Angela Lee, telephone number **667009** for details. All Welcome.

Netta Davison

Doctors' rotas as supplied by the surgery .

AYS GARTH SURGERY ROTA											Wb - week beginning				
Wb	2Apr		9Apr		16Apr		23Apr		30Apr						
Day	a.m.	p.m.	a.m.	p.m.	a.m.	p.m.	a.m.	p.m.	a.m.	p.m.					
Mon	F	J	C	C	WJ	W	JA	J	AF	A					
Tues	WJ	WJ	J	J	FA	FA	WF	WF	WJ	WJ					
Wed	F	F	W	W	WJ	W	JA	J	AF	A					
Thur	W	W	J	J	FA	A	FW	F	WJ	W					
Fri	C	C	F	F	W	W	J	J	A	A					
Sat	Emergency service only														
Doctors: A - Arblaster, F - France, J - Jones, W - West , C - Closed															
Morning Surgery: 9.00 - 10.30 a.m. (no appointments)															
Afternoon Surgery: 4.00 - 5.30 p.m. (appointment only)															
For appointments and all enquiries ring 663222															

HAWES SURGERY ROTA											Wb - week beginning				
Wb	2Apr		9Apr		16Apr		23Apr		30Apr						
Day	a.m.	p.m.	a.m.	p.m.	a.m.	p.m.	a.m.	p.m.	a.m.	p.m.					
Mon	WJ	W	C	C	FA	FA	WF	WF	WJ	WJ					
Tues	F	F	WF	WF	WJ	WJ	JA	JA	FA	FA					
Wed	J	J	F	F	F	F	W	W	J	J					
Thur	F	F	W	W	J	J	A	A	F	F					
Fri	C	C	J	J	FA	FA	WF	WF	WJ	WJ					
Sat	Emergency service only														
Doctors: A - Arblaster, F - France, J - Jones, W - West , C - Closed															
Morning S'y: 8.45-10.15 Tues till 10.45 (no appointments)															
Afternoon S'y: 5.00-6.00 Tues 1.00-4.00 (appointments only)															
For appointments and all enquiries ring 667200															

Surgery News

Patients' Survey

In December 2006 the annual survey of patients' opinions of the practice was conducted. The results were presented to your patients' consultative group on March 12th. The practice scored above the national benchmarks for almost all parameters, with the receptionists in particular being very highly rated by 99% of patients. The one area where the practice scored below the national benchmark was for waiting times at the surgeries. Only 53% of patients expressed satisfaction with this, against a national benchmark of 56%. By contrast, the practice scored very highly for availability of any particular doctor. So it appears that patients are happy that they can get to see a doctor, but think that the time spent waiting once at the surgery is too long. The consultative group discussed this at some length, and reached the following conclusions:

The waiting times apply mostly to the open-access morning surgeries. However, it was thought that the alternative, appointment-only surgeries, would be even less popular than the waits. It would help if surgeries were to start on time.

The appointment-only surgery on Tuesday afternoon at Hawes is still relatively under-

used. It was decided to open this up to all patients from both surgeries. (At present afternoon appointment-only surgeries are prioritised for working patients and young children). It is hoped that this will take a little of the pressure off morning surgeries. The only disadvantage with this is that patients would have to make a further morning visit to surgery if it turned out that they needed a lab test. This is because the hospital van leaves for the Friarage at lunchtime.

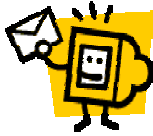
Patients should be advised that Monday and Tuesday morning surgeries are always busy, particularly when Drs West and Jones are on together. Whilst some medical problems are acute and can't wait, those with long-term illnesses may have a shorter wait on other days and with Drs France and Arblaster.

We welcome any other ideas or suggestions about minimising waiting times. Please contact Clive West on

667200, or email:

Clive.West@gp-b82045.nhs.uk

The Tuesday afternoon surgery at Hawes is from 1-4pm. Book on 667200. If you normally attend Aysgarth surgery, please tell the receptionist at the time of booking, so that your medical records can be obtained from Aysgarth for your appointment.



Letters

MYSTERY PICTURE

Janet Leyland writes:

Bainbridge Stocks - the big stone 'seat' used to be on the other side, so people photographed with their feet in the stocks had their backs to the light. Albert 'Freddy' Dodson, a keen photographer, and Frank Outhwaite moved the stone in the mid 1970s. It might have been easier to move the stocks!

Letter

**From James and Colette Campbell,
Sydney, Australia**

We are visiting Hawes in May. James' parents were married in Hawes in 1936, we presume in the C of E chapel. We have a silver cup gifted by Mr. TRM Plews, Esq. for the best black and tan setter at the South Durham and North Yorkshire Horse and Dog Show 1876 and won by Beckwith Thompson, Crown Inn, Hawes.

We are presuming that Mr. Plews was a gentleman farmer from the district and Beckwith is James' fraternal great, great, grandfather. James' great grandmother being Jenny Thompson, daughter of Beckwith.

Family history is very fragmented as no person is still living who has any knowledge of the connections with Hawes, although it was regarded that there may be a memorial window in the church at Hawes and that was possibly why James' parents were married there. We would sincerely appreciate any assistance you may give us in making our short stay in Hawes memorable. With thanks and regards.

Any information from readers may be sent to the Newsletter to be emailed to Sydney

Dear Newsletter,

My mother Nora Spence died in Sycamore Hall on the 18th Feb, and before the funeral I gave to the vicar a copy of an article mum wrote back in 1989 for a local history class. The article was later published in the Now Then magazine, put out by the Friends of the Dales Countryside Museum.

I was wondering if the upper Dales News letter might be interested in using the article; it is about the Tiplady family who were originally from Gayle, and the migration of workers to the mills in Lancashire and how mother's family made it back to Bishopdale.

It is quite a lovely story, and I think would be of interest to many people in Upper Wensleydale. My mum was a regular reader of the Newsletter and I'm sure she would be pleased if you chose to print it. *(We have done, see page 36-7).*

**Thanks
Bern Spence**

Fun Page

Sudoku X

				3	
2		6			
				1	
			2		5

PUT each of the digits 1-6 once in every row, column, diagonal (highlighted to form an X) And horizontal 3x2 box (ruled)

Mini Sudoku

		5			4
	6			3	
				2	6
		1			
2	3				
			3		

COMPLETE the grid so that every row, each 2 by 3 box contains every digit from 1 to 6.



Jokes

Q. Why does the English cricket team need cigarette lighters?

A. They've lost all their matches.

Book title

Q. Daft jokes

A. By M.T. Head

Another letters to Elijah

Dear Sirs, In reply to your letter of the 29th ultimo, to our Mr. Broadley, we regret that we are unable to make a good Dairy Ration under £7/10/- per ton, delivered, and we hope to send you a sample with Mr. Broadley on Wednesday next.

Yours faithfully

p.p. C. HAMMOND & CO.

(*Tanfield Mills via Ripon*)

W.E.A. course

Environmentally Friendly Farming Tutor Frank Broughton

This short course is intended for anyone who has an interest in rural landscapes and wildlife, whether or not they have any previous knowledge of farming or other rural land management.

We will look at a number of land uses, concentrating on those most common in Wensleydale (grassland, woodland and moorland) and consider how these were created under traditional management systems.

We will then discuss how they can continue to be managed in an environmentally friendly way, including the options offered under the Government's "green" farming schemes ("Environmental Stewardship").

As well as indoor sessions, there will be a number of outside visits to nearby sites where students will be able to see for themselves the results of different types of management. Field visits will involve short walks but nothing strenuous !

The course, organised by the W.E.A. is of seven sessions commencing **on Wednesday May 2nd from 7 - 9 pm and subsequent Wednesdays to June 20th** and will be held at Askrigg Primary School.

The full cost will be £28.00. Enrolment at the first session. For further information contact:

**Jane Clarke 624393
or Frank Broughton (01748) 811507**

Area Ranger Report

Spring is upon us, which is an important time for both lambing and nesting birds. It is particularly crucial for ground nesting birds such as lapwings, curlews, redshanks, oystercatchers and snipe. Free-roaming dogs easily put birds off using an area for nesting, so I would ask all those out walking with dogs to keep them on a lead. Your dog may mean no harm, but nesting birds see dogs as predators and take evasive action. While parents are away from nests, the eggs may get cold and hatchlings could die of exposure and scavengers like crows may target eggs and young birds. You don't have to head up on the moorland to see these birds, some fields between Hawes and the river Ure are home to these birds, so look out for them when you're out and about. The Yorkshire Dales has some of the best habitats in the UK for these birds and everyone can do their bit.

Still on the subject of dogs, I have been directly asking owners if they clean up after their dogs. I have spoken to dog walkers on several local footpaths after receiving many complaints over the last couple of months. I have passed the information on to the Richmondshire dog warden, and don't be surprised if you get photographed not cleaning up. The message is very simple – pick it up.



We have been busy working on public rights of way along Gayle Beck, where we have used more willow spiling, fencing and tree planting to help stabilise the river bank in order to protect the path.

Windblown trees and a short temporary diversion are in place on the footpath through the forestry at High Houses in Snaizholme, which now means the route

is open again and we have repaired several stiles and gates between Breconbar and Askrigg.

We have temporary closure orders in place on the following paths – the snicket behind the Fountain and Crown in Hawes; the footpath along the alleyway between Herriot's and Stags Fell view, Hawes; and the footpath through the forestry at Lunds. The footpath adjacent to the new houses opposite the Creamery, linking Gayle Lane to Mossy Lane and the Youth Hostel is now fully open.

As always, I welcome your reports of damaged stiles, gates, signposts etc. along public rights of way and on open access land.

I can be contacted on **666220** or matt.neale@yorkshiredales.org.uk or by calling into the Hawes National Park Centre.

Matt Neale, Area Ranger

– Upper Wensleydale, Y.D.N.P.A

Fell tops redevelopment

In recent years there has been much discussion about the possibility of returning the uplands of Britain to how they once were. Already in parts of Europe the wolf has been re-introduced and even in parts of this country experimental 'wild areas' are being considered.

In our area three fells at the end of the dale are being looked at — Wild Boar, Great Knoutberry and Great Shunner.

First, Wild Boar. The truly native wild boar became extinct in Britain in the 13th century and was re-introduced but has been absent now for about 300 years. There are several places which claim to be its last habitat. Discussions are on-going about its re-instatement. Some people relish the idea; others are wary of them straying down into Mallerstang.

In the case of Great Knoutberry the issue is slightly different. It is merely a joke that it gets its name because there is 'nowt' up there. The knoutberry is in fact another name for the cloudberry, an edible relation of the blackberry, which is becoming very rare. This scheme is to re-instate it as a commercial crop, but as it will only thrive at high altitudes, access to harvest it, or to provide a 'pick your own' facility might prove too difficult.

By far the most interesting initiative is at Great Shunner. Those studying place names have long argued about the derivation of the name but recent research has discovered that a local name for the pine marten, that quite vicious mammal once widespread but now confined to very remote areas in Scotland, was in fact *Shunner*, presumably because of its shyness and its keeping itself to itself. A small, wooded area on the fellside is being set aside as an experimental reserve for a number of breeding pairs of shunner and

will be the first area in England to try such a thing. Getting the balance between conserving the shunner and the rearing of the grouse will need sensitivity.

A.S.W.

(Further information from FFAF)

Tools for Ghana and Tanzania

sack races.

Kind readers of the newsletter have helped to supply over 150 Singer sewing machines from this area, along with hand tools. Now I have had an appeal from the Tools for Self-Reliance office for a rather more difficult quest - **anvils**. They say:



In rural Africa, just as it was in the past in Britain, blacksmiths make and repair the tools that farmers use to grow food to feed their communities. But the essential tool is the anvil and it is something they cannot make themselves. You may have seen an anvil decorating a garden or lying forgotten in a shed. Will you ask your friends and neighbours if they know where to find one?

African blacksmiths need anvils at least 24 inches long; the working surface should be reasonably flat without cracks. It doesn't matter if they are rusty. We will have to have your anvil collected by a freight company and delivered to our workshop.

Anvils do come in as donations but we need at least 100 more. We buy anvils and bid for them on eBay. We would pay up to £120 for a good anvil.

So if anyone has an anvil hiding in an old barn, and would be willing to donate (or sell), just phone me on **650525** and I will do the rest.

Sylvia Crookes

Hawes Gala cups

Please make sure that all cups have been engraved, and return them to Streetwise Laundrette or the Fountain Hotel as soon as possible and certainly by June 18th.

Diary dates: Celebrating 40 galas; Gala Disco, Friday June 22nd, and the "Ruby Celebration" Gala Day, Saturday, June 23rd. Please note there is a Gala website:

www.hawesgala.co.uk

WANTED: Hessian sacks for children's

Emigration from Wensleydale

1850 - 1890s

My Family Returned 1922

Lead mining, which employed so many people in the dales, declined after 1850 and, by about 1890, imported foreign lead had almost killed the local industry. Coal mining also declined because of the poor quality of local coal and, in the 1870s, the arrival of the railways. Cheap lime came in by rail and local limekilns became redundant. Agriculture suffered depression from about 1870. All this left many people in Wensleydale without either work or income. There was no unemployment benefit then and large families had to leave the area to seek work.

Dales' families with many daughters, and especially those from Wensleydale, went to Lancashire to work in the cotton mills, whereas mining families joined the coal mines in Durham. Several farming families went to Liverpool and took milk houses, keeping the cows in the town. Thus the railway, instead of being a boon to the dale, helped to destroy its existing way of life. Many families from Hawes and Gayle settled in Lancashire, around Colne, Nelson, Brierfield, and Burnley. Workers migrated from Gayle Mill and Hawes Mill, which closed when the Lancashire cotton mills, with newer machinery, were booming and needing labour.

Francis Tiplady, my grandfather, married Mary Allen from Birtersett, and with their family lived at Gayle in about 1870; their cottage garden ran down to Gayle Beck. Grandfather was a "ganger" on the railway and there is a cutting between Hawes and Garsdale called "Tiplady's Cutting" which he and his gang built. After the Wensleydale branch-line was finished, my grandparents and their family left Gayle in 1886 to seek

employment elsewhere.

John Tiplady, my father, who was then 11 years old, went with his older brothers and sisters to Nelson, where many of their friends had settled. The Wensleydale families formed a close-knit little "colony of exiles" in their new environment. When Dad married a Nelson girl in 1900, 14 years after the family had moved there, they still had around them about six couples from the dales. Grandfather became a park keeper in Nelson and was able to work amongst the plants and flowers he loved, but only briefly. He died of pneumonia, aged 40. Grandma longed for her beck-side garden at Gayle and holidays were always taken back at Gayle and Hawes.

Dad and Mother went to the same school and shared a half-time pay book at ten years of age. They worked 28 hours a week for 3s 3d. One went to school in the morning whilst the other worked at the mill, changing over in the afternoons. Mother's people were farmers on the outskirts of Nelson and they had a milk round in the town. Mother left school aged 13; she walked a mile to the mill where work started at 6 am. If she was late the gates were locked and she could not get in until breakfast time at 8 am. They worked until 5.30 pm and were unable to talk for the noise, thus learned to lip-read. They worked a 56-hour week for 6s 6d.

Dad hated the mills and when he was 18 he went to America and got a job. Following a major strike, he was unable to obtain further work and, aged 21, he returned to England, travelling on a cattle boat. He worked for a time laying flagstone pavements in streets where rows of houses were being built for the mill workers. Then he managed a farm for Nelson Co-operative Society, and finally he owned a small farm. In September 1921 the

Rookery Estate in Bishopdale was for sale, with vacant possession of one farm, Dale Head. Mr Metcalfe Spenceley from Castle Bolton bought, in the name of his son John, the farms at Longridge, Howsyke, New Gill, Ribba and Dale Head. Dad became the tenant at Dale Head farm

We moved there as a family in March 1922, when I was aged two, and the boys began to work on the farm. Three years later Dad died of cancer, aged 49, and the boys were left to work the farm. Mother had not wanted to go to Dale Head but she stayed there for 28 years, until 1950. The rent of Dale Head in 1922 was £230 (Longridge and Howsyke, £300). When we left in 1950, it was the same, less 10% which John Spenceley deducted for all his tenants during the depression. In the 1930s lambs sold for 17/6 each, wool for 2d per pound, and eggs 10d per dozen in the spring. The full rent was not restored even when farming improved during the war.

Not many people returned to the Dales to live because there was still no work for them. Dad's family stayed and worked in the mills at Nelson, except Uncle Tom Tiplady, who became a Methodist Minister in 1905. He was a Padre in the 1914-1918 war and then worked for many years at the Lambeth Mission in London.

Nora Spence

Reduced version of an article printed in NowThen, November 1998

Licensing Act 2003

NOTICE OF AN APPLICATION FOR A
PREMISES LICENCE.
PREMISES: HAWES COMMUNITY FIELD
APPLICANT: HAWES and HIGH ABBOTSDALE
PARISH COUNCIL

A Premises Licence is sought to provide the following throughout the premises: LIVE MUSIC, RECORDED MUSIC, PERFORMANCE OF DANCE, MAKING MUSIC, DANCING, AND ENTERTAINMENT OF A

SIMILAR DESCRIPTION BETWEEN THE HOURS OF 09:00 & 01:00HRS.

Any representations regarding this application, which may be inspected at the under mentioned address, must be made in writing by **April 13th 2007** and sent to

**Environment Unit, Licensing Section
Richmondshire District Council
Friars Wynd, Richmond, DL104RT**

IT IS AN OFFENCE KNOWINGLY OR RECKLESSLY TO MAKE A FALSE STATEMENT IN CONNECTION WITH AN APPLICATION AND THE MAXIMUM FINE FOR WHICH A PERSON IS LIABLE ON SUMMARY CONVICTION OF THE OFFENCE IS £5,000

Police report

Fishsellers what can I say, they have been about again and I am afraid that some of you have fallen foul of their ruse. If you were unfortunate enough to have bought some from a dubious person who showed you some good samples of fish then provided you with an inferior product, then not only have you been duped but your health may be at risk. The fish you may have bought is of an inferior nature and was frozen before you got it, so when you re-freeze it you are at risk from food poisoning if you then eat it. They were active in the Aysgarth area in the middle of March; if you think you have been a victim then contact Trading Standards as they collate all this information and take their advice as to what to do with it. There is the odd genuine fish seller – he is easily distinguished from the non genuine one as he has a bona fide van probably with his name on. He will no doubt be wearing a nice white clean overall and his vehicle will be refrigerated, the non-genuine one has a manky old transit or van which is not marked up and looks about as much like he is in the fish industry as Gordon Brown. Be wary don't buy if you're not sure and let us know straight away.

When I look through the crime for the area there is a lot recorded, however most of it is detected, which is good news. However somebody has been busy down on Hawes business park helping themselves to gas bottles over the weekend March 10th to 14th; if you saw anything suspicious, please let us know. Damage has been caused to a car at Woodburn, this has happened on previous occasions and I would ask that if anyone sees anything suspicious around the Woodburn area, they let us know at the time they see it.

I am pleased to say that on the crime front that is just about it, but I would like to

make a bit of a plea about Daleswatch. It is a group of invaluable volunteers who help the police in patrolling the area on a night time. These members come out in their own time and report any suspicious activity to the police so that we can respond and investigate it accordingly. The organisation has been in operation for over ten years and anybody who is interested in joining should contact myself or leave details at the Community office Hawes.

The summer will not be far away and I just want to reassure you that our policy and commitment to reducing road deaths will be continued as it was last year. I will be using covert (hidden) video speeding equipment to detect offences of speeding. It is not about motorcycles, it is about excess speed and reducing casualties, so be warned – again – you may well be getting a fine and points if you do not stick to the speed limit.

On the issue of transgressing the law, you may well be aware that using your mobile whilst driving is now an endorsable offence and the penalty is £60 fine and three points on your licence. I personally cannot tolerate people who do this and anyone I see will receive a ticket and the appropriate penalty. Either buy a hands-free kit or switch it off when driving.

Anyway that's all for now, if you need any help or information please contact me or any member of staff at the community office and we will help you all we can.

Dave Cousins
PC141 Community Beat Officer
for Wensleydale
Dave.Cousins@northyorkshire.pnn.police.uk

Forthcoming events

Our detailed “What’s on” list normally covers only the next month. However, if organisations wish to inform everyone of an important event in the more distant future, then, so as to avoid others clashing, we will briefly include those also.

So here goes:

Sunday May 27th. Hawes Silver Band,
Bainbridge Green 1.30pm then
Lakeside service at 3.00pm

Monday May 28th Askrigg Children’s
sports, Yorebridge 1.30pm

Saturday June 23rd Hawes Gala

Monday June 25th Bainbridge sports,
band and fair etc.

Saturday and Sunday September 8th, 9th
Boots and Beer Walking Festival

AND A CLASH ALREADY!

Sunday September 9th Hardraw Scar
Annual Brass Band Contest

Paintings and photographs

There will be an Easter exhibition by Ann Kerr, Richard Ross and Carol Tyler at the Burtsett Institute on **Saturday, Sunday and Monday, April 7th, 8th and 9th from 10.30am to 5.00pm.** Refreshments will be available.

Over 50?

Over 50; Ever Thought of Working
for Yourself?

Come along to our free workshop to find
out how

Tuesday April 24th

Sessions 3.00 – 5.00 pm or 6.00 – 8.00 pm

Dales Countryside Museum

Free advice on:

Setting up in business

Social Enterprises

Rural Businesses

Taking on a Franchise

Creative Businesses

To book or for more information call

PRIME on 0800 783 1904 or go to

www.primeinitiative.org.uk/events

Break Free Centre

This centre for families affected by
dementia in the Dales will meet on the
**second and last Fridays of the month
from 10.00am to noon, from April 27th.**

It is situated in the Quaker Meeting
House, Grove Square, Leyburn and there is
opportunity to share experiences, meet
friends, relax and have refreshments.

Advertising

Boxed adverts: £5, £10, £15

There is a one-third reduction for three
issues or more, so for twelve issues the
totals are

£40, £80 or £120

Greetings etc. £2.00

What's ons (non-commercial) are free

Contacts:

For Hawes area and westward: **Lorna
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